

Community Connection



Pembroke Regional Hospital Winter 2009 Edition

*Leading, Learning,
Caring For You*

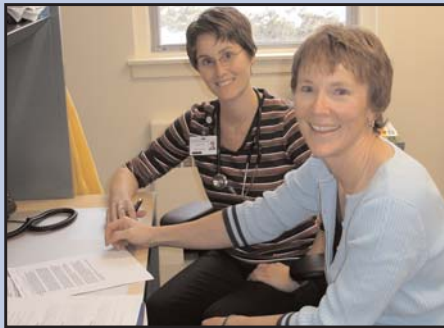
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Pembroke Regional Hospital Opens Family Medicine Teaching Unit

Already recognized as an affiliate teaching facility with the University of Ottawa's Faculty of Medicine, the Pembroke Regional Hospital has recently expanded its educational opportunities for physicians-in-training with the opening of a new Family Medicine Teaching Unit.

Located on the second floor of Tower C (Lorrain Wing), the Family Medicine Teaching Unit incorporates a combination of rental space for the supervising Clinical Faculty Teachers as well as education and training space for the family medicine residents.

Since August 1, 2008, two graduate physicians in their first year of the University of Ottawa's Family Medicine Residency Program have been assigned to the unit under the supervision of Dr. Judith Plante, Dr. Daniel Plante, Dr. Sylvie Cantin and Dr. Heather Castillo. They, along with a complement of local physician mentors including Dr. Lori Moeck, Dr. Joan Tyler, Dr. Michael Gibson, Dr. Lomie Coleman, Dr. Colin MacPherson, Dr. Michael Ferri, Dr. K.C. Li, Dr. Scott Murray, Dr. Nishka Vijay, Dr. Scott Graham, Dr. Zaihan Rashid, Dr. Ben Mgbemena, Dr. Rosemary Christinck and Dr. Declan Rowan have been appointed by the University of Ottawa as Clinical Faculty Members.



Dr. Katie Forfar, left, works closely with Dr. Judith Plante as part of her residency training.

During the two-year program, the residents will live and work in the community, while rotating through the clinical departments in the Hospital, providing direct patient care as well as seeing out-patients in the "Family Medicine Teaching Unit". This July, and annually thereafter, two additional first-year residents will arrive for an ongoing complement of four.

From a physician perspective, Dr. Judith Plante said the program is very exciting. "This is a great partnership for us to be involved in as it really helps promote the rural experience from a recruitment point of view, and for the supervising physicians a program like this is really refreshing -

we've got two enthusiastic and eager individuals who ask lots of great questions - it's really inspiring and actually helps to revitalize a practice," Dr. Plante said.

It is for that reason Dr. Plante has been personally involved in resident training for more than 10 years, well in advance of the formal affiliation agreement which was signed with the University of Ottawa in 2006.

Prior to the new setup, her practice would train six or seven residents each year, with each doing a one-month rural rotation, and Dr. Plante said that, even with the addition of the Teaching Unit, those one-month opportunities will still exist within the community.

Hospital President and CEO Pierre Noel said those who are part of the Teaching Unit will become great ambassadors, not only for the Hospital and local healthcare facilities, but also for the lifestyle the Upper Ottawa Valley has to offer.

In addition to family medicine, the Pembroke Regional Hospital is an affiliate teaching site for medical student placements in a variety of disciplines including surgery and psychiatry. The

Hospital is also an affiliate teaching site for a variety of other disciplines including Registered Nurses, Registered Practical Nurses, Registered Medical Radiation Technologists, Pharmacists, Physiotherapists, Registered Medical Technologists and Health Records Technologists.

"The opening of our Family Medicine Teaching Unit will really put us on the map and enhance our reputation as a teaching facility," Mr. Noel said.

"At the same time we're excited as it's another way in which our organization can live out its vision of fostering a learning environment, in this case, to facilitate the training of much-needed family physicians."

Hospital Successful In Recruiting Third Obstetrician/Gynecologist

The Pembroke Regional Hospital is very pleased to announce the arrival of its third obstetrician/gynecologist, Dr. Siddhartha Mukherjee, who has relocated to the Upper Ottawa Valley with his family and joined the Hospital's medical staff.

Dr. Mukherjee joins Dr. Lawrence Onochie and Dr. Ashraf Yacoub for a full complement of obstetricians/gynecologists.

Dr. Mukherjee studied medicine in Calcutta, India, receiving his medical degree in 1987 and his post-graduate diploma in obstetrics and gynecology in 1990. Dr. Mukherjee also has a particular interest in high risk pregnancies and has received additional training in urogynecology, minimal access surgery and gynecological oncology.



Dr. Siddhartha Mukherjee

Prior his arrival in Canada in March, 2004, Dr. Mukherjee completed his specialty training in the United Kingdom under the All Wales Higher Training Program where, as a senior and specialist registrar/ local consultant he was actively involved in teaching and training junior registrars (residents).

His work in Canada includes four years at the Yarmouth Regional Hospital in Nova Scotia, and approximately five months at the Victoria Hospital in Prince Albert,

Saskatchewan where he was actively involved in the teaching and training of residents.

Dr. Mukherjee said his attraction to the Upper Ottawa Valley stemmed from the warmth of the community and the way in which he and his family have been received, as well as the opportunity to work with excellent colleagues.

Additionally with a desire to develop a urodynamics lab to study female incontinence locally, Dr. Mukherjee said there were many opportunities for him to develop and implement his skills even further, and because he wants to continue teaching and training at the resident level, the fact Pembroke Regional Hospital is recognized as a teaching facility was also of great interest to him.

PRH Chief of Staff and Vice-President of Medical Affairs Dr. Michael Ferri said, "Dr. Mukherjee is a welcome addition to our medical community. He is very warm, friendly, brings with him a great deal of expertise - and he is a great fit with our existing ob/gyn team."

"Along with Dr. Onochie and Dr. Yacoub, we are very pleased to be able to form a great team of obstetrical experts to assist women during their pregnancies and provide safe delivery for their babies," Dr. Ferri said.

Versions Francaises Disponibles

À l'avenir, si vous préférez recevoir cette publication en français, veuillez communiquer avec:

Carolyn Levesque au
(613) 732-3675, poste 6165,
ou au carolyn.levesque@pemreghos.org.

PRH Speakers' Bureau

Would you like to learn more about our hospital, its programs and services, or other topics of interest?

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What's New

PRH Looking To Address Bed Capacity Challenges And Reduce ER Wait Times

The Pembroke Regional Hospital is hopeful a new transitional care plan developed in collaboration with some of its local healthcare partners will help to ease some of the bed capacity challenges it has been facing while reducing the wait times for patient requiring admission from the Emergency Department.

"As we have been saying publicly for the past several months, the Hospital has been experiencing sustained levels of extremely high patient activity combined with the inability to discharge a large number of "alternate level of care" (ALC) patients who are awaiting placement in a long-term care facility," said Hospital President and CEO Pierre Noel.

Currently, on average, 25 of the Hospital's 71 acute medical beds are occupied by patients awaiting long-term care placement.

The constant over-occupancy of medical beds leads to medical patients occupying beds in other acute and non-acute programs such as rehabilitation, the surgical unit, the pediatric wing, and acute mental health. At times, cancellation of surgical cases has also been necessary to accommodate the high numbers of medical patients.

Recognizing the circumstances are similar in most communities across the province, the Ministry of Health and Long-Term Care has called it a "systems issue" and made funding available through each of the LHINs (Local Health Integration Networks) for proposals to move ALC patients out of hospitals and into "transitional care" settings.

The Pembroke Regional Hospital, with the support of our regional partners, submitted a proposal to the Champlain LHIN on January 9th for the creation of transitional beds in our community and we have just received word that our proposal has been favourably received. We have now been asked to proceed in the development of a more detailed business case," Mr. Noel said.

The proposal would allow for the development of a 20 to 30 bed unit which would be operated by Marianhill and located in updated space in the Marguerite Centre. The initiative would be jointly funded by the Champlain LHIN and PRH.

There, with the help of dedicated nursing and therapy staff, patients would receive high quality, appropriate care in a senior-friendly, active environment focused on reactivation, mobility and socialization while they await a permanent placement in one of the local long-term care facilities without losing their place on the long-term care waiting list.

"We are extremely pleased to be going ahead with this proposal. It will be a huge step towards normalizing the hospital environment and providing a better patient experience," Mr. Noel said.

"For the ALC patients, this plan will ensure they are cared for in an environment and culture that is focused on best practices in long-term care, and fundamentally, this will change the situation in the hospital for provision of acute care to the community, as we'll see more reasonable occupancy levels and more timely admissions to a bed from the emergency department," Mr. Noel said.



Pierre Noel

Auxiliary Named "Community Organization Of The Year" At Chamber Awards Gala



The award for Community Organization of the Year went to the Pembroke Regional Hospital Auxiliary. Accepting the award are executive members (from left) Mary Olsheski, Diane Gagne, Sister St. Mark, Anne Sloan, Sheila Schultz and Helene Giroux. (Photo courtesy of the Daily Observer)

The Pembroke Regional Hospital Auxiliary has been honoured as the "Community Organization of the Year", receiving recognition at the 2008 Upper Ottawa Valley Chamber of Commerce Business Achievement Awards Gala, held Jan. 31 at Germania Hall in Pembroke.

An active community organization for more than 50 years, the Auxiliary is comprised of more than 200 volunteers from all walks of life who dedicate in excess of 20,000 volunteer hours each year to improve local health care.

The remarkable success of their fundraising efforts have seen contributions of \$1 million for the Hospital's "Building for the Community" campaign, \$50,000 for sponsorship of a dialysis station and \$75,000 for a birthing suite.

Their reach also extends outside the walls of the Hospital, most recently with a \$25,000 donation to the Upper Ottawa Valley Medical Recruitment Committee. The Auxiliary has earned this recognition as its members quietly and effectively go about raising funds to enhance healthcare for everyone in our community.

Congratulations to all Auxiliary members and their executive.

Renovated Cafeteria Re-Opens



Following much anticipation, the Hospital's newly-renovated cafeteria, renamed *The Lunch Box* is now open for business.

For the first time in more than half a century, the Hospital's cafeteria used primarily by staff and visitors has undergone a major renovation, the results of which include more efficient food delivery, a modern, more attractive look, a broader menu promoting healthier choices and even a new name.

Some of the features of the new

design include multiple self-serve stations, a large grab 'n go area, a pizza display, a smoothie bar, a 2-sided salad bar, a specialized coffee bar, and a two-sided cashier desk.

For customers, these changes will mean increased efficiency, and less time in a lineup.

The Lunch Box is open 7 a.m. to 2:30 p.m. Monday to Friday and 9 a.m. to 2:30 p.m. on weekends.

Seating and vending areas are open 24/7.

PRH Awarded Three-Year Accreditation

Accreditation Canada has awarded the Pembroke Regional Hospital with a three-year Accreditation Certificate.

According to the accompanying report generated through an on-site survey and through interviews with staff, physicians, community and healthcare partners, there is strong evidence of staff loyalty and excellence in governance and organizational strength at all levels including the leadership team.

According to Susan Blakeney, the Hospital's Director of Quality and Risk Management who helped lead the organization through the Accreditation process, the report documents that PRH is a credible provider of health services which takes public input into its service planning for the community and also is seen to be an early adopter and innovator.

"Something we are very proud of is the fact we were recognized as having

a good translation of the mission, vision, and values into the overall operations," Ms. Blakeney said, noting the Hospital was also praised for its safety culture across the board and excellent communications, both internally and externally.



Susan Blakeney

The Accreditation Council also noted that recommendations made in September 2005 as part of the last accreditation survey were all undertaken and brought to full completion in all existing programs and through new developments over the last 3 years.

"As part of a quality improvement process there is always work underway to help deliver care that is appropriate, accessible and efficient. Any areas identified for improvement in the recent survey will help us to enhance the quality service we deliver," said PRH President and CEO Pierre Noel.

Giant Tiger And The Ottawa Regional Cancer Foundation Partner To Buy New Diagnostic Equipment for PRH

The Pembroke Regional Hospital is bringing another healthcare service closer to home thanks to a generous donation by the Giant Tiger Community Cancer Fund, made possible through a partnership with the Ottawa Regional Cancer Foundation.

"The Cancer Foundation works to ensure that people in our community who battle cancer have the greatest prospects for survival with an optimal quality of life," said Linda Eagen, Ottawa Regional Cancer Foundation President and CEO. "We are proud that by forging partnerships like this one with the Pembroke Regional Hospital and Giant Tiger, we are part of making sure that our families, friends and neighbours have close-to-home access to top-quality cancer care."

The \$50,000 donation will enable the purchase of a Sentinel Lymph Node Biopsy Probe and generate access to cancer care for residents in and around Pembroke and is just part of Giant Tiger's gift to community cancer care via a specially designated fund at the Ottawa Regional Cancer Foundation. The Giant Tiger Community Cancer Fund has generated more than \$250,000 for cancer care in this community so far.

"Giant Tiger is proud to be able to make a contribution to our community that will directly affect the well-being of our customers and neighbours," said Lou Hammill, Franchise Owner of Pembroke's Giant Tiger. "Whether we are personally afflicted or have been touched by someone who is, we are all affected by Cancer. Giant Tiger recognized the opportunity and importance in making a difference in the lives of cancer patients in Pembroke."

A Sentinel Lymph Node biopsy, in which the Probe is used, is a technique developed to determine if breast cancer has spread to the lymph ducts or lymph nodes in the underarm area, without having to do a traditional underarm lymph node dissection.

"This is a minimally invasive procedure that has been available to women with breast cancer in other communities, and it is now an option we're excited to make available to cancer patients in the Upper Ottawa Valley," said Janet Boudens, Director of the Hospital's Surgical program. "Offering this procedure can help prevent the need for underarm dissection surgery and has the advantage of decreasing the risk of side effects such as numbness and swelling, while allowing the patient to resume regular activity in a more timely manner," Ms. Boudens said.

Hospital President and CEO Pierre Noel said having this equipment on site will alleviate the need for patients to travel to Ottawa for the procedure. "Thanks to today's donation announcement, we can fulfill our commitment to ensuring that our patients have the ability to access such standards of care closer to home," Mr. Noel said.

As the only organization uniquely dedicated to supporting the entire spectrum of cancer care in our community, the Cancer Foundation aims to increase cancer survival rates in Eastern Ontario by working with field experts to identify and address gaps in the cancer care delivery system and provides funding to regional cancer care programs to improve access to top-quality care, innovative therapies and quality-of-life programs.



Lou Hammill, franchise owner of Pembroke's Giant Tiger, left, presents a cheque for \$50,000 to Linda Eagen, President and CEO of the Ottawa Regional Cancer Foundation and PRH President and CEO Pierre Noel.

Education Session Focuses On Signs & Symptoms Of Ovarian Cancer

Known as the "silent killer" and the "disease that whispers", Ovarian cancer is the most fatal gynecologic cancer, killing 1,700 women each year in Canada alone.

When detected and treated early, the five-year survival rate for Ovarian cancer can be as high as 90%, however because there is no reliable screening test and the signs and symptoms of the disease can be vague, subtle, and include symptoms that are shared by other conditions, the disease is usually detected in later stages when the five-year survival rate is closer to 20%.

Carolyn Levesque, knows this all too well.

Recently, Ms. Levesque, who coordinates Public Affairs and Communications at the Hospital told her story to 115 women as she hosted the "Listen to the Whispers" presentation prepared by Ovarian Cancer Canada as part of the Hospital's Public Education Series.

"The reason I chose to bring this program to Pembroke is because I know how devastating this disease can be to a family," Ms. Levesque said following a video presentation which spoke about the signs and symptoms and why they so often go undetected.

When Ms. Levesque was 20, her mother, Elizabeth Foster, died of Ovarian cancer, just before her 50th birthday.

"Looking back, the symptoms were there...she had a tremendous amount of bloating and stomach discomfort which at first was passed off as indigestion and it was recommended she try taking Metamucil (a fibre supplement)," Ms. Levesque said.

"By the time she was diagnosed at age

48, she was Stage IV which meant the disease had spread beyond the ovaries and into the other major organs. I'm here tonight to get the message out about the signs and symptoms so that others may have a chance at early detection and not have to go through what my family and I did," she said.

Offering his expertise through answers to questions Wednesday was Dr. Lawrence Onochie, the Hospital's Chief of Obstetrics and Gynecology who spoke on a number of topics including ways to lower the risk of having Ovarian cancer, the process by which a diagnosis of Ovarian cancer is made, and what the different stages of diagnosis refer to.



Carolyn Levesque

Family physician Dr. Heather Castillo was also in attendance as was Unit Manager Kathy Kennedy of the Canadian Cancer Society's Renfrew County Branch, and Joanne Peplinskie, an Ovarian cancer survivor who now assists with peer support.

Listen to the Whispers is an educational program about ovarian cancer. The presentation's purpose is:

- to raise awareness among the general public about ovarian cancer
- to alert women about the signs and symptoms of this disease
- to encourage women to take an active role in their health and health care

The program will now be available as part of the Hospital's Speakers' Bureau which features a variety of presentations on health-related topics. Anyone wishing to have a speaker present this topic or others may contact Ms. Levesque at carolyn.levesque@pembrghos.org or (613) 732-3675, ext. 6165.

Take Care And Be Cautious When Shoveling Snow

The Pembroke Regional Hospital is urging area residents to take care when shoveling snow and be mindful of their own limitations after seeing a number of patients arrive by ambulance this winter with chest pains directly related to snow shoveling.

"What people often fail to realize is that shoveling is much more than a necessary chore in the winter months. It's a physical activity that puts a lot of stress on the body in a short period of time," said Dr. Tom Hurley, Chief of Emergency Medicine.

Dr. Hurley said those most at risk include individuals who have cardiac conditions, have had heart trouble, or a history of chest pain.

In addition people with high blood pressure or high cholesterol levels, smokers and people who rarely participate in physical activity are also at risk for anything from minor aches and pulled muscles to fatal heart attacks.

"While we recognize that snow shoveling becomes a necessity at this time of the year and not everyone has a friend or neighbour they can call on, nor can everyone afford to pay someone to do it for them, it's not worth the risk for some individuals so what we're saying is if you have to

shovel, take care doing so otherwise the outcome may be more serious than what you planned for," Dr. Hurley said.

SAFETY TIPS:

- If you are inactive and have a history of heart trouble, talk to your doctor before shoveling.
- Avoid caffeine or nicotine before shoveling. These are stimulants which may increase your heart rate and cause your blood vessels to constrict placing extra stress on the heart.
- Drink plenty of water to avoid dehydration.
- Dress in several layers.
- Warm up your muscles before shoveling.
- Lift with your legs and not your back.
- Create some distance between the hands to give you more leverage.
- Pick up smaller loads of snow. Push, don't lift.
- Listen to your body. Stop if you feel pain or observe heart attack warning signs. These may include chest pain as well as shoulder, neck or arm pain, dizziness, fainting, sweating, nausea or shortness of breath. If you think you may be having a heart attack, seek medical help immediately.



Dr. Tom Hurley

This Will Only Hurt A Little Bit...



Pembroke Regional Hospital staff and physicians took advantage of the mobile flu shot clinics offered on-site throughout the late fall to achieve a Hospital immunization rate of 47.1%, a significant improvement over previous years.

The flu shot continues to be the best method at protecting staff, physicians, patients, co-workers and family members against influenza.



Canada Post Supporting Those With Mental Illness

Community Mental Health Services (CMHS) of Renfrew County, a service provided by the Pembroke Regional Hospital, is applauding Canada Post's new initiative in support of the one in five (nearly 6 million) Canadians who suffer from mental illness.

Last October a PERMANENT™ stamp was issued in support of the cause with one dollar from each stamp booklet going toward the corporation's \$1 million fundraising goal for the Canada Post Foundation for Mental Health.

In 2007, Canada Post became the first large company in Canada to adopt mental health as its cause of choice.

Starting this year, the Canada Post Foundation for Mental Health will support front-line organizations serving patients, consumers and caregivers, helping to eliminate the stigma of mental illness.

"The statistics alone are testament to the huge impact of mental illness but say nothing about the devastating impact caused by the stigma of living with mental illness in our society," said Bernadette Wren, CMCH Director.

"Stigma is an attitude based on myths, fear, societal attitudes and

misinformation. Stigma results in people showing prejudice and discrimination towards people living with mental illness. The new Canada Post initiative seeks to combat stigma by raising community awareness," Ms. Wren said.



Bernadette Wren

Community Mental Health Services of Renfrew County has sites in Arnprior, Renfrew, Pembroke and Barry's Bay servicing the entire County.

Call 1-800-991-7711 to access services or for information.

Individuals, families or concerned friends can call the Mental Health Crisis Line for bilingual, toll-free support 24/7 at 1-866-996-0991.

Quick Facts about Mental Illness in Canada:

- About 4000 Canadians commit suicide each year and it is the most common cause of death for people aged 15 - 24. Mental illness is a factor in most suicides.
- Of the 10 leading causes of disability worldwide, five are mental health disorders: major depression, schizophrenia, bipolar disorder, substance abuse disorder and obsessive-compulsive disorder.
- A report published by Health Canada estimated the amount the economy lost due to mental illness in 1998 was \$14.4 billion.

Best Wishes For The Happy Couple

Rehabilitation patient Kevin Kruger, centre, recently married Ginny Robinson in the Hospital's third-floor chapel in an intimate service presided over by Rev. David Metzger and attended by some of Mr. Kruger's fellow patients.

Staff and patients joined the couple in their celebration after the ceremony at a small reception held on-site.



Local Brokers Provide Coverage

In helping to promote "Province Awareness Days", local members of the Renfrew County Brokers Association, in partnership with the Insurance Brokers Associate of Ontario (IBAO), recently donated 100 purple fleece bearing the IBAO logo to the five hospitals in the Upper Ottawa Valley.

As part of this promotion, 20 blankets which will be given to some of the Hospital's Medical patients and a donation in the amount of \$125 were recently presented to the Pembroke Regional Hospital represented by Elaine Elliott, Clinical Manager of 2nd Medical and Ambulatory Care, second from right.



Presenting the blankets were Amy Rae, Broker of Judy E. Farrell, left, Lisa Edmonds, Owner of EGM Insurance, Donna Roggie, Broker of Johnson & Mackie, and Carissa Beskau, EGM's Executive Administrator.

Community-Funded Program Brings Comfort To Young Patients

A new "Bed Buddies" program at PRH is providing cuddly little friends to children in stressful situation. Founded by Petawawa resident Gloria Deane-Freeman following a stay in the Hospital's Emergency Department where she observed a very nervous and frightened young child undergoing tests, the program was launched with the help of community donors, and the support of the All Saints' Anglican Church in Petawawa.

The "Bed Buddies" program provides brand new stuffed animals for children in distress at PRH, Life Labs in Pembroke and the Petawawa Centennial Health Centre.

If you or your organization would like to contribute to the "Bed Buddies" program, please send your donation to: All Saints' Church, 1179 Victoria St., Petawawa, ON, K8H 2E6. Please write, "The Bed Buddies Program" in the memo spot on your cheque. All donations will be receipted.

Recently, a shipment of "Buddies" was delivered to PRH by Gloria Deane-Freeman, left, and Louise Doran, far right. Accepting the puppies were ER/ICU Director Eleanor Wright, Clinical Resource Leslie Heggart, RN, and ER/ICU Clinical Manager Michelle Godsell.



PRH Auxiliary Fall Tea



Below, PRH President and CEO Pierre Noel, accepts a \$50,000 cheque from Sister St. Mark of the PRH Auxiliary at the 2008 Fall Tea which raised \$1,643. With this presentation, the Auxiliary now has only \$83,000 of its million-dollar commitment to the Hospital's redevelopment remaining to be paid.

In other Auxiliary news, a note of congratulations to Auxiliary members Sheila Schultz and Kathleen Roach who each received their Hospitals of Ontario Auxiliary's "Provincial Life Memberships" in Toronto recently for their dedication to volunteering.



Gifts Of Warmth For New Babies



Above, representatives of the Our Lady of Sorrows CWL in Petawawa recently donated 14 care packages for new moms in need complete with sleepers, diapers, blankets and other newborn necessities. Below, Pembroke resident Carole Mask made her annual contribution of hand-made, pastel-coloured baby blankets for those born during the festive season.



Christmas Parade Participation



Thanks to everyone who gave of their time, enthusiasm and creativity under the leadership of Anna Mary Grattan to create a float entry for the Pembroke Regional Hospital in the 2008 Pembroke Christmas Parade. The gingerbread house theme was a great depiction of a Christmas memory and while no awards were received for our entry, our float team did receive many positive comments.

Thanks to all who assisted:

Anna Mary and Don Grattan, Dan Grattan, Melissa, Paul, Payton and Madison Ziebarth, Paulette, Mike and Stephanie Szabon, Paulette's niece Danielle, Josh Clayton, Amy Kuehl, Vince Brunet, Lynne, Mark and Jordan Demers, Keegan and Kareena Tomasella, Sylvain Bergeron, Valarie and John Ryan, Bill and Christine Bennett, and John and Trudi Wren.



Hospital Provides Hands-On Learning

Students from the Fellowes High School Vocational Class recently visited the Hospital to learn about the role of a recreation therapist, the importance of proper handwashing techniques and life as a paramedic.



In the top picture, recreation therapist Susan Gagnon-Michaud works with the students on a beading exercise during which they each made their own bracelet to take home.

In the bottom photo, Kerry Papineau, District Manager of the County of Renfrew Paramedic Service speaks with the students about some of the equipment that is carried in an ambulance and some of the training paramedics require.



Long-Standing Partnership Recognized

Last fall, PRH was recognized by representatives of the Canadian Forces health services for its long-standing relationship with CFB Petawawa. On hand to say "thank you" not only for the care and compassion shown to repatriated soldiers but also for unique training opportunities provided within the Hospital for Base personnel to help maintain their skills. Canadian Forces representatives presented two plaques to Board Chair Barb Schoof and President and CEO Pierre Noel, and Mrs. Schoof once again thanked the military for sponsoring one of the new birthing suites in the Hospital's upgraded obstetrics wing.

