

**Regional Hospital** 

# Be A Nurse At PRH

# You'll love it here!

A quality of life upgrade Trade subways and busses for water, trees and trails Live life beyond just working A strong sense of community Strong volunteering sector Awesome green spaces Vibrant small businesses Work to live instead of living to work Opportunities to get involved in local organizations and events No urban traffic More freedom and fresh air Less hustle and bustle Ample amenities to support your lifestyle More space, fewer people, greater affordability

## Partners With PRH

PRH is able to host a variety of satellite services, including a dialysis unit operated by Renfrew Victoria Hospital. We also have a systemic therapy unit for the delivery of chemotherapy, supervised by local physicians and coordinated by oncologists from The Ottawa Hospital Cancer Centre. We offer clinical consultations via telemedicine with the Ottawa Heart Institute, the Children's Hospital of Eastern Ontario, The Royal Ottawa Hospital and others.

PRH has an annual budget of \$100 million. Accreditation

Canada awarded PRH Exemplary Standing.

#### Enjoy Your Benefits

As part of our commitment to employees, PRH offers a variety of benefits for part-time and full-time employees:

- Eligibility for Loan Forgiveness Programs
- Mentorship opportunities
- Health and wellness program
- Employee Assistance Program
- Healthcare of Ontario Pension Plan (HOOPP)
- Discounted gym memberships
- Discounted home and auto insurance
- Discounted CAA membership
- Travel and attraction discounts

#### Tuition Assistance

Pembroke Regional Hospital is an eligible workplace for the Ontario Ministry of Health and Long Term Care's Tuition Support Program for new graduate nurses.

### Mentorships & Education Programs

At PRH, we offer a variety of nursing careers. Many of our speciality departments offer mentorship programs for specialized nursing.

- Emergency Department
   In-house critical care training, unit specific emergency clinical education; 20 mentorship shifts
- ICU Department

In-house critical care training, unit specific ICU clinical education; 20 mentorship shifts

Acute Stroke & Rehabilitation Department

Stroke rehabilitation training, unit-specific rehabilitation and in-house stroke clinical educator; 150 hours of mentorship shifts

- Labour, Delivery, Recovery and Postpartum Training support in neo-natal resuscitation, breastfeeding and
  - labour support certifications
    - Operating Room Mentorship/training while completing operating room certificate



PRH offers employees health, dental and other benefits and continues to offer these benefits during retirement.

#### Loan Repayment Assistance

The Government of Canada offers Canada Student Loan forgiveness to eligible nurses working in under-served rural or remote communities. PRH is in a community designated for Canada Student Loan Forgiveness. You could receive up to \$20,000 in loan forgiveness over a maximum of five years.

#### Some Of Our Numbers

<b>768</b> Total Staff	300 Nurses (RNs + RPNs)	64 Physicians Active + Associat	86 Voluntee	ers Admitted Patients
36,153 Emergency Department Visits	657 Births	19,339 Ambulatory Clinic Visits	<b>6,619</b> Surgeries	72,334 Diagnostic Tests

All full-time employees participate in HOOPP and it is offered on a voluntary basis to employees who work part-time.

Hôpital Régional de Pembroke Regional Hospital

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#### What We Do At PRH

Supported by a staff of nearly 800 healthcare professionals and support personnel, Pembroke Regional Hospital (PRH) provides ambulatory care and acute services in emergency, intensive care, acute mental health, medical and surgical care and obstetrics.

PRH is a designated District Stroke Centre and offers regional programming in the areas of

- mental health services
- rehabilitation
- orthopaedics
- telemedicine
- cardiac care
- Ontario Breast Screening programs
- cancer care
- diagnostic imaging (including CT, nuclear medicine and MRI)



#### **Exemplary Standing**

Accreditation Canada awarded PRH the highest level of performance, achieving excellence in meeting the requirements of the accreditation program. According to the rigorous review, PRH met 99.2% of the nearly 1,800 standards and fully met all of the required organizational practices that must be in place in order to keep patients safe and minimize risks.

Exemplary Standing is the highest rating possible and is awarded when organizations go above and beyond the requirements and demonstrate excellence in patient care and quality improvement.

 In 2004, Pembroke General Hospital was renamed Pembroke Regional Hospital to reflect its expanding role in the community



ACCREDITED WITH

EXEMPLARY STANDING

ACCREDITATION

AGRÉMENT

CANADA

## Ottawa Valley Life

The Ottawa Valley is the "adventure playground" of Ontario. There are more than 900 lakes and rivers to explore, award-winning activities to do, and nationally renowned parks to visit. People come here from all over the world and we get to live here every single day.

#### How Close We Are

The Ottawa Valley is the physical size of Prince Edward Island! We are Ottawa's countryside and Quebec's closest cousin.

- 90 minutes to Ottawa4.5 hours to Toronto
  - We are proud to be a Trans Canada Highway region





#### About This Region

- the whitewater capital of Canada
- the first nuclear-generated electricity in Canada
- the first military aircraft flight in Canada
- the only clock museum in Canada
- first electric streetlights in Canada
- Central Junior Hockey League champions
- Ontario's largest provincial park
- the highest vertical drop for public ski hills in Ontario
- Canada's largest family-owned construction company
  - home to Canada's first female mayor of a major city
  - the largest county in Ontario (we are the size of P.E.I.)

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## Small Communities Are Growing Communities

It used to be that in order to find great career opportunities you had to be in the big city. Today, that is not the case. Small communities are often at the forefront of innovation and achievement. And, while making these advancements, small communities have maintained a quality of life that people are now craving: more space, more freedom, more of the life you want.

PRH is a \$100-million hospital that is on the cutting edge of medicine. Services that were once only available in the cities are now easily available here thanks to advancements and investments in technology. As we have brought these opportunities to the community, people have rallied with us, volunteering thousands of hours and raising millions of dollars for the flagship organization of impact in the region. We provide exceptional healthcare for the community, and because of them.

There is, perhaps, no more important investment a person can make than in

their healthcare. It is a privilege to work in an industry that holds this highest value, and for a community that so greatly treasures it.



## Together, we do great things

An expanded Algonquin College waterfront campus with a signature Bachelor of Nursing program.

The Festival Hall Centre for the Arts promoting local artistic talent and professional musicians and actors.

A strong education presence with four English and French-language school boards.

Growing communities that support Canada's largest military base and Canadian Nuclear Laboratories.

A growing real estate market for both residential and commercial sales and development.

Leading Canadian manufacturers who are driving change and innovating daily.

Support for settlement services, immigration and continuing education.



Work in a community that gives you more leisure time to have adventures, explore incredible spaces, relax and enjoy the life you have worked hard to make for yourself.



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