

## Today's Take-Aways

- PRH has established a Long-Term Care and Retirement Home Task Force to assist if called upon to do so by homes in need of support for infection prevention and control or as a result of an outbreak. This Task Force would oversee the creation of a team which could be deployed in short notice (24 to 48 hours) to a long-term care or retirement home with staff from occupational health, nursing, infection prevention and control, and management along with any necessary supplies. We are currently in the preparation and readiness stage as we have not been requested to help as of yet. Our work is well aligned with the approach in Ottawa where hospitals have already been asked to support certain long-term care homes.
- There is an ongoing review of the most appropriate admission destinations for COVID-19 positive and COVID-19 probable cases along with work being completed with paramedic services to align by-pass protocols and put in place standardized approaches across the Champlain region.
- Our Acute Care Working Group is working on standardized orders for palliative care. In addition, new provincial guidelines have been received for maternity patients who are COVID-19 positive or probable.
- We have recently seen an increase in the number of patients coming to our Emergency Department. This coincides with our recent messaging to the community to not hesitate to come to the ED if they need care and that our ED is a safe environment in which to receive care.
- PRH is still waiting on additional guidance on the new health care worker premium. The premium will be rolled out once this additional guidance has been issued by the province.
- The staff screening tool has been updated to include a question on whether anyone in an individual's household has symptoms of COVID-19 or has been swabbed for COVID-19. Please note that you will be asked this additional as part of the daily screening.
- The Renfrew County Virtual Triage and Assessment Centre has now extended its service to residents of South Algonquin (i.e. the Whitney/Madawaska area near Algonquin Park which lies just outside of Renfrew County in the District of Nipissing).
- The Communication working group is working towards the launch of an enhanced recognition program to celebrate staff and express gratitude for the work that is being done at PRH. The program will initially apply to the current COVID-19 challenges but will also lay the groundwork for enhanced recognition into the future.

## Today's Take Aways...Continued From Front

- Please note that effective immediately all payroll inquiries should be emailed to: [payroll@pemreghos.org](mailto:payroll@pemreghos.org). This will allow payroll staff to respond to your inquiries more efficiently and in a timely way.
- A new service for Ontario's health care workers has been launched to help manage increased feelings of stress, worry and anxiety. COVID Frontline Wellness provides confidential access to services and tools to support your mental wellbeing. The service is led by The Royal in Ottawa in collaboration with community partners. Getting started is simple, just book an appointment online and a clinician will call you to listen, provide support and connect you with the services that are right for you. For more information and to book an appointment, simply go to: [www.theroyal.ca/covid-frontline-wellness](http://www.theroyal.ca/covid-frontline-wellness). Services are available in English and French to any resident of Ontario who works in a hospital, long-term care facility, retirement or group home, paramedic service, primary care or community health care setting.
- Today's health and wellness video features Social Worker and Psychotherapist Sydney Sheppard from Mental Health Services of Renfrew County speaking about the "ABC Please" skills of self-care.

<https://youtu.be/E6KFIJH6m30>

## Up-To-Date Facts and Figures

- COVID-19 patients in our care: 1 probable in ICU, 2 probable on Medical 2A, and 1 probable on AMH; no confirmed COVID-19 cases at PRH.
- In Renfrew County, there have now been 17 laboratory confirmed cases to date, and one death. To date, a total of 1,866 people have been tested, with 100 still under investigation. For the latest Renfrew County information on COVID-19, please visit [www.rcdhu.com](http://www.rcdhu.com).
- In Ontario, there have been 18,310 laboratory confirmed cases of COVID-19 and 1,361 deaths. To date, a total of 352,714 people have been tested and 6,023 remain under investigation. For up-to-date information on provincial COVID-19 statistics, please visit [www.ontario.ca](http://www.ontario.ca).

### PRH Voluntary Redeployment – SURVEY



SCAN HERE  
or  
COPY LINK  
HERE



SUPPORTING  
OUR  
COMMUNITIES  
DURING THE  
COVID-19  
CRISIS

<https://www.pembrokehospital.ca/staff-redeployment>

#### Survey for All Staff:

- only takes a few minutes to complete
- will provide the Hospital with a list of interested staff who wish to volunteer their names to support our Long-Term Care/Retirement Home partners
- will provide the Hospital with the ability to answer the call to support our partners, when the need arises

For Questions/Concerns:  
Human Resources  
Tara Gallagher, Director  
extension 6503  
Kevin Dulude, Manager  
extension 6265

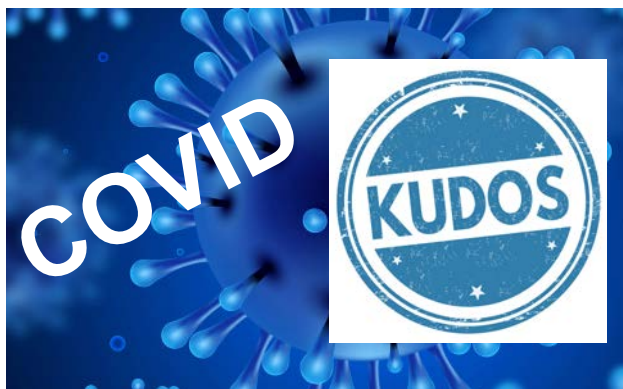
#### A Call to Action: Essential Service Workers

All employees within the Pembroke Regional Hospital are essential workers. You are the cornerstone of our Hospital, and the services you provide, supporting our communities, patients and families are what makes PRH the employer of choice within the Ottawa Valley.

Essential workers include ALL of our employees who are supporting our patients, families and communities, most notably, amidst the COVID-19 crisis. Notwithstanding the current Ministry orders, *Emergency Management and Civil Protection Act*, Section 7.02 (4) amendments, the Hospital is looking for our staff to volunteer to support our community.

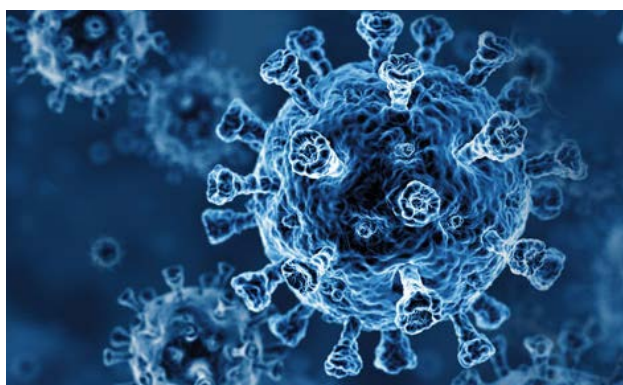
The Hospital is committed to supporting any of our redeployed staff and will work with any partner organizations to ensure that you are safe to do so. **Thank you for all you do – we are all in this together!**





• I would like to thank Sabine Mersmann for being an awesome leader! She keeps us all so informed. She appreciates all of us. She thanks us. She has done an awesome job and deserves a Kudo from the bottom of my heart. Thank YOU SABINE. *Nancy Schroeder*

• I would like to celebrate Kathy Bromley, Director of Finance. She has not only been doing her regular duties, including those associated with year-end, but has also been going above and beyond to oversee our supplies and ensure that our inventory of personal protective equipment does not run short. In addition, I would like to celebrate Kathy's entire team, including Finance who pay our bills and Materials Management who are keeping our hospital stocked and prepared for COVID-19. Sometimes it takes a crisis to notice all the work everyone is doing and to appreciate what others do to help us in our jobs. At PRH we are a family. We often spend more time at work than with our own families and we need to show the same appreciation to our co-workers that we do to those at home. *Nancy Schroeder*

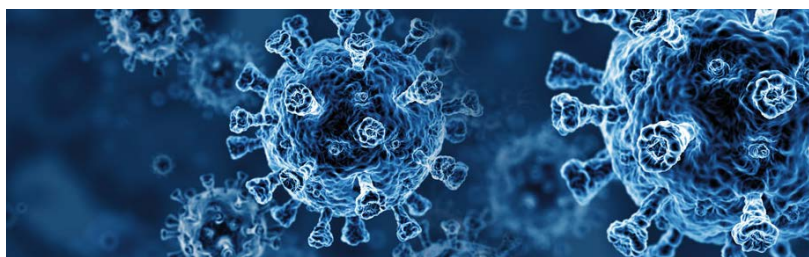


## Do You Have A COVID-19 Question?

Email: [covid19questions@prh.email](mailto:covid19questions@prh.email)

All questions and answers are posted and archived by date on the Staff Resources section of our hospital's website:  
[www.pembrokeregionalhospital.ca](http://www.pembrokeregionalhospital.ca)

For other questions/concerns, contact Infection Prevention and Control (ext. 7106), Occupational Health and Safety (ext. 7202) or your immediate supervisor.



## How was your day?

Stressful

Scary

Exhausting

Busy

Sad

Healthcare workers are at the front lines of the COVID pandemic. Increased feelings of stress, worry and anxiety are normal under these conditions. Support is available to help you cope.

The iLe  
**Royal**  
Mental Health - Care & Research  
Santé mentale - Soins et recherche

### COVID Frontline Wellness

provides confidential access to services and tools to support your mental wellbeing.

Just book an appointment online and one of our clinicians will call you to discuss your needs and connect you with the supports that are right for you.

For more information and to book go to:  
[www.theroyal.ca/covid-frontline-wellness](http://www.theroyal.ca/covid-frontline-wellness)

**It's simple. It's confidential. It will help.**

If you are a health care worker\* impacted by stress related to COVID-19, please reach out.

\* Any worker in a hospital, long-term care facility, retirement or group home, Paramedic service, primary care or community health care setting. You must reside in Ontario to access this service.





## Staff Self-Screening Now Available Electronically!

<https://www.pembrokeregionalhospital.ca/staff-screening>

- Before arriving at work, you may now complete the online self-screening questionnaire using the link above. The link is also available on The Loop, the Staff Resources section of the PRH website, or by using the QR code below.
- After completing the electronic self-screening tool, submit your response and an email will be sent to your email address.
- If you pass screening, you will be able to come in to work, if you fail screening, you will be asked to contact Occupational Health and Safety at ext. 8200
- When entering the hospital kindly show the email to the screener to confirm clearance to come to work.



## PRH Supply Status

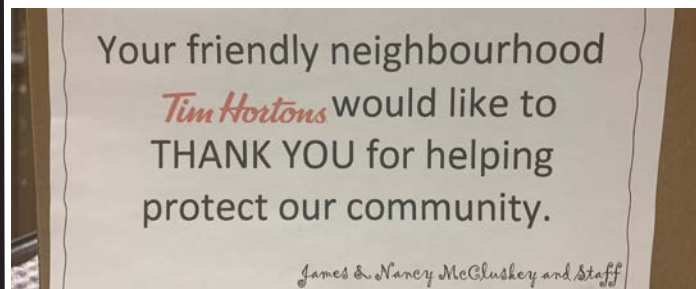
### Pembroke Regional Hospital Pandemic Supply Inventory

May 5, 2020

Items targeted during Pandemic	Total Stock
N95 Respirators 1860 4% staff fit tested	1,014
N95 Respirators 1860S 37% staff fit tested	2,212
N95 Respirators 1870+ 50% staff fit tested	587
N95 Respirators 910S	293
N95 Respirators 8110S 3% staff fit tested	437
N95 Respirators 8210 2% staff fit tested	1,004
N95 Respirators 9210+	426
Mask isolation (ear loop no visor)	19,750
Mask isolation (with tie no visor)	2,300
Mask isolation (ear loop no visor) MOH/Other Supply	9,950
Mask visor ear loop	1,546
Mask visor with tie	642
Gowns Isolation (Level 2 XLg Yellow)	4,196
Full face shield with velcro strap	3,022
Goggles - vented	131
Safety goggles (over glasses)	728
Safety glasses	1,451
Latex-Free Gloves Small - each (vinyl) 13.6%	97,500
Latex-Free Gloves Medium - each (vinyl) 48.3%	139,950
Latex-Free Gloves Large - each (vinyl) 36.1%	169,500
Latex-Free Gloves X-Large - each (vinyl) 1.9%	2,600
Shoe Cover	2,800
Hand Sanitizer 500ml	55
Hand Sanitizer 1000ml	181
Disinfecting Wipes (Accel)	149
Expired N95 1860S	680
Expired N95 1870	1,880
Expired N95 8110S	415
Expired N95 8210	2,400
Expired N95 9210	160
Expired N95 Other	1,705
*Concerns about Supply	

## Thanks To Nancy McCluskey And Her Tim Hortons Team

We are grateful to Tim Hortons Pembroke for sponsoring coffee breaks for our staff May 5th, 6th, 12th and 13th. The following departments are enjoying coffee, muffins and cookies: Finance, Respiratory Therapy, Pharmacy, Clinics, Patient Services/Administration, Hospital Charge Nurses, Allied Health, Diagnostic Imaging, EORLA, Screeners, AMH, HR/Staffing and Occupational Health and Safety.



### Feeling Overwhelmed?

Recognizing the stress and anxiety that a situation like this can bring about, our Employee Assistance Program (EAP) has experts available to help by calling 1-844-880-9142 or visiting their website at <http://www.worklifehealth.com/>

Mental health workers are now offering free therapy to Ontario's frontline COVID-19 staff.

For more information, please visit: <https://covid19therapists.com/>