

Today's Take-Aways

• Following direction from the Champlain Region Incident Command's Infection Protection and Control Network and as a result of increasing evidence of the asymptomatic spread of COVID-19, PRH has implemented additional requirements for universal masking. In addition to the Phase 1 Universal Masking Guidelines released on March 31st 2020, we are now implementing Phase 2, which will include:

- All staff and Physicians being required to don a mask upon arrival to, and for the duration of their time in, any clinical department.
- Where physical distancing is challenging, all staff and physicians must wear a mask.

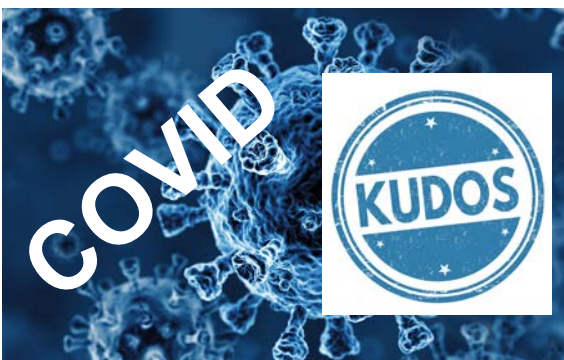
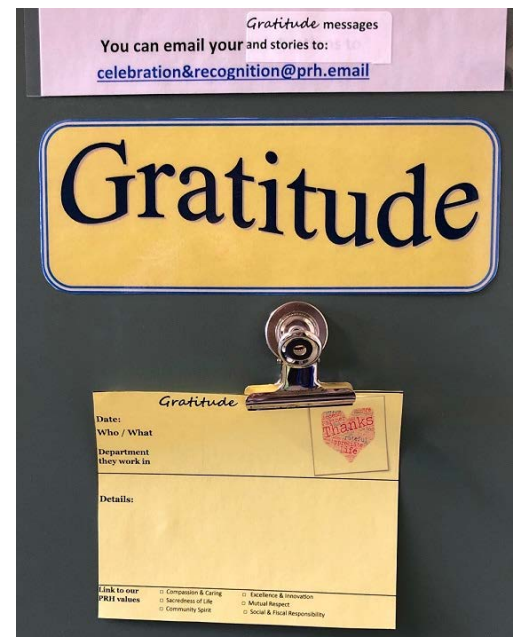
Additionally, patients and visitors will be provided with masks to wear. In order to make best use of PPE, we will be reaching out to those in the community who are making fabric masks and asking for donations for use by our patients and visitors.

- A mandatory eLearning module on COVID-19 safety principles and PPE has been launched today. This is to be completed by all staff and physicians.
- Please note that PRH will no longer be collecting used surgical/procedure masks for potential reprocessing.
- We will be issuing a press release this week on the importance of using Renfrew County emergency departments for urgent health care matters or symptoms that would normally bring someone to the ED. This is in response to an increased number of patients presenting with conditions or symptoms that are more acute as a result of their having postponed or avoided a visit to an ED.
- Based on geography, PRH has been assigned a total of eight retirement homes and two long-term care facilities within our region to connect with and support should the need arise. A small number of our staff have now been redeployed to provide assistance at two of these retirement homes. In Renfrew County, approximately 50% of homes have now swabbed all of their residents and staff for COVID-19 with the remainder of facilities expected to be completed by the end of this week. By the end of next week, all homes are expected to have received assessments by Public Health and Infection Prevention and Control.

Today's Take Aways...Continued From Front

- PRH is receiving an allotment of 11 new acute care beds. These beds were purchased by the province to support the expected surge of COVID-19 cases and are now being allocated to hospitals, like ours, who created additional COVID-19 capacity. These new beds will replace some of the older beds on our Medical and Surgical units.
- Just more than 120 swab tests of COVID-19 symptomatic staff and their family members have been taken to date at PRH with all having come back “negative”. All staff and physicians are to be congratulated for self-monitoring and for monitoring their household members, self-isolating when required and of looking after themselves and their families.
- Following COVID-19 audits by Occupational Health and Infection Prevention and Control there will be new signage posted in break rooms and other common areas to ensure safe room set-ups and maximum occupancy limits along with guidelines that reinforce safe physical distancing.
- A reminder to all that there are specific processes in place to report concerns regarding health and safety at PRH including the Internal Responsibility System and RIMS reporting mechanism.
- Staff will notice a change to the celebration tickets on their Lean boards with an emphasis now on gratitude and the celebration of those who are doing things during the COVID-19 pandemic that deserve special thanks and recognition. Everyone is being encouraged to provide a bit more detail on the new tickets identifying the reason why an individual is being recognized.
- A reminder to staff and physicians that questions about COVID-19 can be sent to COVID19questions@prh.email. All answers to these questions are posted directly to the Staff Resources section of the hospital's website (www.pembrokeregionalhospital.ca) with the intent to share the information with all rather than replying directly to the person who asked the question.
- Today's health and wellness video features Occupational Therapist Victoria Twolan from Mental Health Services of Renfrew County on the topic of Sleep Hygiene.

<https://youtu.be/DdQ2e6hy2HI>



• Thanks to **Kirsten Johnson** for doing such an outstanding job during this pandemic. We can all completely rely on her for her recommendations and directions; she is staying on top of everything and is leading the IPAC team and education team so effectively and efficiently. I have truly been impressed with how she leads meetings and completes what has to be done. Thank you so much for all you do!
Sabine Mersmann

COVID



• We would like to extend our deepest gratitude and adoration to our Team Lead, **Sara McKean-Schulthies**, for the amazing job she has done over these past couple of months during the COVID crisis. She is a phenomenal support and excellent at keeping us “in the loop” and connected as a team. We don’t know what we would do without her!

The Respiratory Therapy Department

• Kudos to **Nancy and Rita** from Medical Affairs, **Paul** from IT, **Chester** from Environmental Services, and **Lori, Robert, Colin and Shannon** from Maintenance for helping set me up in a temporary work space during COVID-19. I am very grateful to be able to come in every day and continue to do the job I truly enjoy.

Paulette Szabon (Finance)

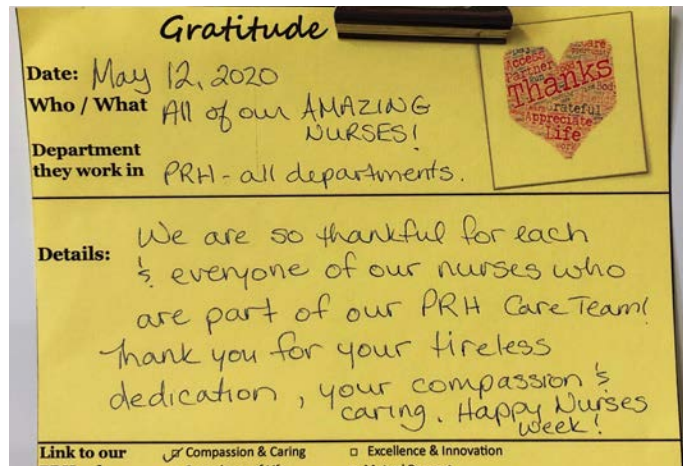
• Thank you to the **staffing department** who have been working hard at changing their processes to meet our ever-changing demands. We appreciate the work that you are doing to ensure that we have the right staff in at the right time. *Laurie Menard*

• Thank you to **Lisa Mitchell** for keeping us updated and educated about COVID-19. We appreciate you and your knowledge!

2A Medical Team

• Thank you to **RT** who are doing an awesome job at education. *2A Medical Team*

• Thank you to **Laurie Menard** from Dr. Rowan and myself for the huge effort in designing the pre-printed palliative care orders and goals of care documentation. This was awesome teamwork. Thank you for your support for palliative care best practices. *Sabine Mersmann*



PRH Supply Status

Items targeted during Pandemic		Total Stock
N95 Respirators 1860	4% staff fit tested	971
N95 Respirators 1860S	37% staff fit tested	2,288
N95 Respirators 1870+	50% staff fit tested	516
N95 Respirators 1804		2,800
N95 Respirators 9105		288
N95 Respirators 8110s	3% staff fit tested	417
N95 Respirators 8210	2% staff fit tested	1,469
N95 Respirators 9210+		66
Mask isolation (ear loop no visor)		17,876
Mask isolation (with tie no visor)		2,692
Mask isolation (ear loop no visor) MOH/Other Supply		9,050
Mask visor ear loop		1,958
Mask visor with tie		563
Gowns Isolation (Level 2 XLg Yellow)		6,096
Full face shield with velcro strap		2,745
Goggles - vented		131
Safety goggles (over glasses)		728
Safety glasses		1,441
Latex-Free Gloves Small - each (vinyl)	13.6%	92,250
Latex-Free Gloves Medium - each (vinyl)	48.3%	115,500
Latex-Free Gloves Large - each (vinyl)	36.1%	153,000
Latex-Free Gloves X-Large - each (vinyl)	1.9%	4,810
Shoe Cover		2,300
Hand Sanitizer 500ml		46
Hand Sanitizer 1000ml		157
Disinfecting Wipes (Accel)		165
Expired N95 1860S		680
Expired N95 1870		1,880
Expired N95 8110s		415
Expired N95 8210		2,400
Expired N95 9210		160
Expired N95 Other		1,705
*Concerns about Supply		

Feeling Overwhelmed?

Recognizing the stress and anxiety that a situation like this can bring about, our Employee Assistance Program (EAP) has experts available to help by calling 1-844-880-9142 or visiting their website at <http://www.worklifehealth.com/>

Mental health workers are now offering free therapy to Ontario’s frontline COVID-19 staff.

For more information, please visit: <https://covid19therapists.com/>

How was your day?

Stressful

Scary

Exhausting

Busy

Sad

Healthcare workers are at the front lines of the COVID pandemic. Increased feelings of stress, worry and anxiety are normal under these conditions. Support is available to help you cope.



COVID Frontline Wellness

provides confidential access to services and tools to support your mental wellbeing.

Just book an appointment online and one of our clinicians will call you to discuss your needs and connect you with the supports that are right for you.

For more information and to book go to: www.theroyal.ca/covid-frontline-wellness

It's simple. It's confidential. It will help.

If you are a health care worker* impacted by stress related to COVID-19, please reach out.

* Any worker in a hospital, long-term care facility, retirement or group home, Paramedic service, primary care or community health care setting. You must reside in Ontario to access this service.

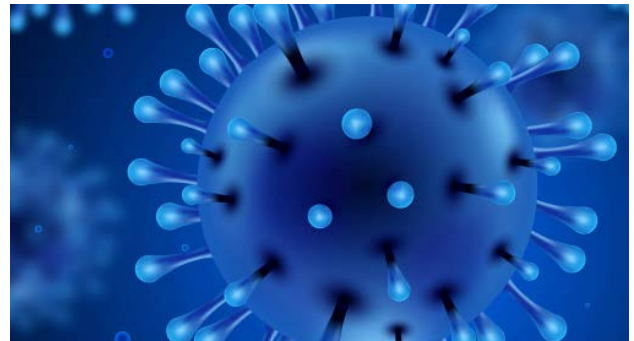
Do You Have A COVID-19 Question?

Email: covid19questions@prh.email

All questions and answers are posted and archived by date on the Staff Resources section of our hospital's website:

www.pembrokeregionalhospital.ca

For other questions/concerns, contact Infection Prevention and Control (ext. 7106), Occupational Health and Safety (ext. 7202) or your immediate supervisor.



Facts and Figures

• COVID-19 patients in our care: 2 probable in the ED and 10 probable on 2A. There are no positive cases at PRH.

• In Renfrew County, there have been 18 laboratory confirmed cases to date, and one death. To date, a total of 2,267 people have been tested, with 171 still under investigation. For the latest Renfrew County information on COVID-19, please visit www.rcdhu.com.

• In Ontario, there have been 20,907 lab confirmed cases of COVID-19 and 1,725 deaths. To date, a total of 447,964 people have been tested and 9,018 remain under investigation. For provincial COVID-19 statistics, please visit www.ontario.ca.

NATIONAL NURSING WEEK

INTERNATIONAL YEAR OF THE NURSE AND THE MIDWIFE 2020



MAY 11-17

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