

Today's Take-Aways

- In celebration of National Nursing Week, the following message has been shared from Chief Nursing Executive Francois Lemaire, on behalf of the Pembroke Regional Hospital's Senior Leadership Team:

"National Nursing Week, recognized May 11th to 17th, and held in conjunction with Florence Nightingale's May 12th birthday, provides an opportunity for us to thank and celebrate each of our nursing staff for their dedication, compassion and commitment to excellence. Year-round and in the face of challenges such as the COVID-19 pandemic, nurses continue to provide exemplary care to our patients.

While we know they do their jobs, not for the accolades but for the satisfaction of helping others, celebrating the work they do as part of our health care team and expressing our appreciation is important. Saying 'Thank You' may not be enough, but let it be a start for all that they do for those in our care. Happy Nursing week!"

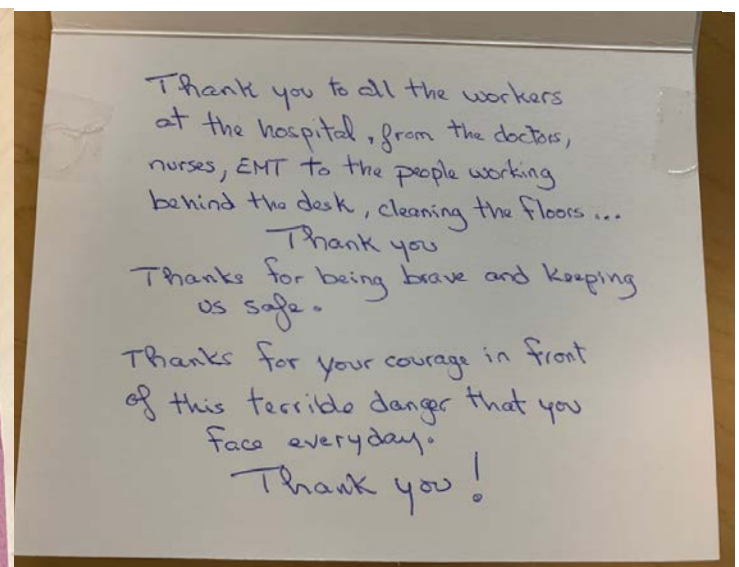
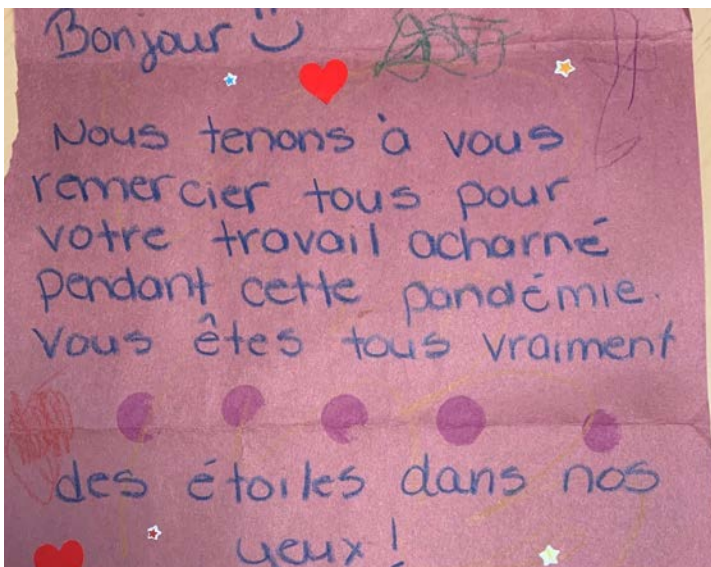
As a small token of appreciation for the work that our nurses do, all of our Registered Nurses and Registered Practical Nurses will be receiving a \$5 voucher for McGuire's Doughnuts from their manager for a sweet treat. In the coming weeks, other members of our health care team will also be celebrated!

- A recovery plan for scheduled outpatient procedures, diagnostic tests, surgeries and ambulatory clinic visits is in the works at both the regional level and at PRH. Each hospital has been asked to complete a feasibility assessment for how to ensure a safe expansion of services once the province has directed that it is safe to do so and has provided guidance on a timeline.
- A regional online "toolkit" for long-term care and retirement homes is being developed which will provide guidance in the areas of PPE, facility cleaning, dealing with an outbreak and more. Approximately 97% of long-term care residents and staff have now been tested for COVID-19 in Renfrew County.
- We are very grateful to CNL for partnering with us to offer free education and support on the use of PPE and on contamination control principles. More than 30 staff took part in Tuesday's online session and on-site demonstrations that took place today. The sessions have been recorded and will be archived as an eLearning module for those who were not able to attend.

Today's Take Aways...Continued From Front

- Thanks to the generosity of area restaurants, almost all of our staff have now had the opportunity to enjoy a special treat or delicious meal as part of our *Community Eats* distribution process. On May 20th, Inpatient Rehabilitation and Patient Information will enjoy Mild Chicken Burritos for lunch from Quesada's in Petawawa. Management from each department have been notified with the details to share with their staff.
- Further to the government's announcement to provide pandemic pay for eligible employees, the government has issued an that temporarily removes restrictions under the *Protecting a Sustainable Public Sector for Future Generations Act, 2019 (Bill 124)* to enable these payments. We are still waiting on necessary guidance from the Ministry before these payments can be issued.
- Mindy Ritza from our Geriatric Day Hospital has partnered with community-based paramedics to assist with wellness checks for senior citizens living at home which include assessments of food supply, medications, and social connections and provision of information about the Renfrew County Virtual Triage and Assessment Centre, other ways in which to access primary care, and the importance of using the Emergency Department for urgent health matters.
- Staff members who are looking to modify their work spaces in order to create physical distancing need to connect with their managers first to explore available options rather than contacting Maintenance and IT directly.
- Mental Health Services of Renfrew County will be hosting a draw for their staff for tickets to Stay-home Fest, an online festival taking place this weekend which is designed to bring Canadians together through shared experiences. These \$25 passes are for a weekend full of virtual experiences, including trivia, live music, workouts, cooking classes, DJ sets, games, and more! Five dollars from every ticket will support the Centre for Addiction and Mental Health (CAMH) and their COVID-19 Mental Health Resiliency & Coping Fund.
- Today's health and wellness video features Case Worker Corinna Schannon from Mental Health Services of Renfrew County on the topic of Mind Over Mood.

<https://youtu.be/7h3K0wqHCas>



COVID



• I would like to give a shout-out to our **Patient Services/Admin assistants. Laurie, Katie, Tyler, Alycia, Sarah and Carmelita.** Your never ending smiles and willingness to help at ANY time despite your workloads. Even if you've just turned off your computer or you are heading to break. You are always ready to go the extra mile. Always carrying that smile with you. I see you all spreading cheer everywhere you go. You have all brightened my day every day...Thank you for all that you do! *MJ Beier*

• Thank you to our **Patient Services team** who has gone above and beyond during the pandemic. The team has shown tremendous flexibility and support to our management team. You have responded so quickly to my requests, change in schedules and almost daily change in the tasks ahead of you. Thank you from the bottom of my heart for the tremendous work that you do each and every day! *Sabine Mersmann*

• Celebrating **Billie Tippett, Kelly Adams and Nyomi Immel** who have been deployed to assist in the long-term care and retirement home settings. *Beth Brownlee*

• We would like to give a huge shout out to the **Housekeeping team** for doing a great job keeping the hospital clean and disinfected. Additionally, thanks to the team for stepping up and assisting with laundering many more privacy curtains and 100s of ISO-Gowns per day. You continue to break the chain of infectious transmission and by doing so you are keeping all employees, patients, and visitors healthy and safe.
"Great work team. We appreciate all you do."
Marilyn Watson and Francois Lemaire

PRH PARTNERS WITH CNL ON PPE TRAINING



Feeling Overwhelmed?

Recognizing the stress and anxiety that a situation like this can bring about, our Employee Assistance Program (EAP) has experts available to help by calling 1-844-880-9142 or visiting their website at <http://www.worklifehealth.com/>

Mental health workers are now offering free therapy to Ontario's frontline COVID-19 staff. For more information, please visit: <https://covid19therapists.com/>

How was your day?

Stressful

Scary

Exhausting

Busy

Sad



Healthcare workers are at the front lines of the COVID pandemic. Increased feelings of stress, worry and anxiety are normal under these conditions. Support is available to help you cope.



COVID Frontline Wellness

provides confidential access to services and tools to support your mental wellbeing.

Just book an appointment online and one of our clinicians will call you to discuss your needs and connect you with the supports that are right for you.

For more information and to book go to: www.theroyal.ca/covid-frontline-wellness

It's simple. It's confidential. It will help.

If you are a health care worker* impacted by stress related to COVID-19, please reach out.

* Any worker in a hospital, long-term care facility, retirement or group home, Paramedic service, primary care or community health care setting. You must reside in Ontario to access this service.

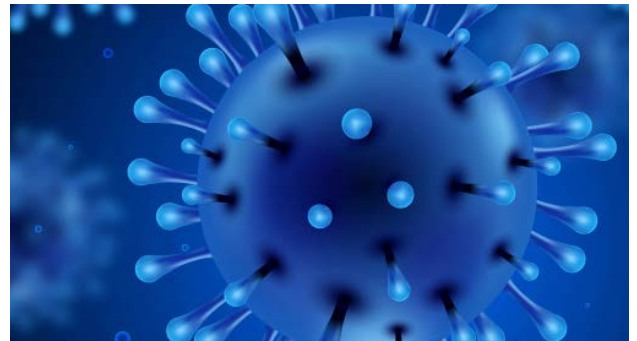
Do You Have A COVID-19 Question?

Email: covid19questions@prh.email

All questions and answers are posted and archived by date on the Staff Resources section of our hospital's website:

www.pembrokeregionalhospital.ca

For other questions/concerns, contact Infection Prevention and Control (ext. 7106), Occupational Health and Safety (ext. 7202) or your immediate supervisor.



Facts and Figures

- COVID-19 patients in our care: 2 probable in the ICU and 5 probable on 2A. There are no positive cases at PRH.

- In Renfrew County, there have been 18 laboratory confirmed cases to date, and one death. To date, a total of 2,385 people have been tested, with 176 still under investigation. For the latest Renfrew County information on COVID-19, please visit www.rcdhu.com.

- In Ontario, there have been 21,494 lab confirmed cases of COVID-19 and 1,798 deaths. To date, a total of 492,487 people have been tested and 17,578 remain under investigation. For provincial COVID-19 statistics, please visit www.ontario.ca.



Staff Self-Screening Now Available Electronically!

<https://www.pembrokeregionalhospital.ca/staff-screening>

- **Before arriving at work, you may now complete the online self-screening questionnaire using the link above. The link is also available on The Loop, the Staff Resources section of the PRH website, or by using the QR code below.**
- **After completing the electronic self-screening tool, submit your response and an email will be sent to your email address.**
- **If you pass screening, you will be able to come in to work, if you fail screening, you will be asked to contact Occupational Health and Safety at ext. 8200**
- **When entering the hospital kindly show the email to the screener to confirm clearance to come to work.**

