

## Today's Take-Aways

### Senior Leadership Team Message

• As part of a continued celebration of all of our staff and physicians, this week we are highlighting the work and contribution of our hospital's clinical and allied health group (with the exception of our valued nurses who we celebrated during Nursing Week).

They includes those working in: Acute Mental Health, Cardiac Rehab, Clinical Nutrition, Clinical Resource, Systemic Therapy, Ambulatory Clinics, Mental Health Services, Outpatient Rehabilitation, Diagnostic Imaging, Clinical Education, ED/ICU, Geriatric Day Hospital, Infection Prevention and Control, Maternal Child Care, Medical 2A and 3B, the Operating Room, Pharmacy, Rehabilitation, Respiratory Therapy, Stroke Prevention Clinic and Stroke Strategy Program, the Surgical program and EORLA.

As a small token of appreciation, all of our clinical and allied health staff will receive a \$5 gift card for one of three vendors through their manager – McGuire's Doughnuts, Tim Hortons or Wilkies Fresh Baked Bread.

• Effective June 18th, all staff, physicians and volunteers will be required to wear a medical-grade mask when they enter the hospital. Masks will be issued to staff at screening locations. This change expands PRH's masking requirements beyond clinical units and in areas where physical distancing could not be maintained. This change was made to further protect our staff and patients and to set an example in our workplace as we resume activities and have more patients and visitors in our midst. Over the past few weeks, patients have noticed that some staff are not wearing a mask inside the hospital and have raised concerns about this. As a health care organization, we must lead by example and this includes wearing a mask in all public spaces and clinical areas inside the hospital. A Memo has been distributed earlier today regarding this change.

### Regional Updates

• Visitors classified as "essential" have been allowed in hospitals on compassionate grounds throughout the COVID-19 pandemic. As Ontario begins to re-open, hospitals in the Champlain region, including PRH, will now be welcoming family caregivers/care partners (one at a time) back into our hospitals and will be continually assessing the impact of these restrictions.

Family Caregiver/Care Partners include but are not limited to those who provide:

- Assistance with meals, mobility, and personal care
- Communication assistance for patients with hearing, visual, speech, cognitive, intellectual or memory impairments
- Assistance as the designated representative for patients with disabilities
- Emotional support
- Supported decision making

## Today's Take Aways...Continued From Front

At this time, general visitors are still not permitted in PRH as an important measure to ensure everyone's health and safety. Family Caregiver/Care Partners must continue to be screened and may be denied access based on symptoms and/or travel history.

- The acting medical officer of health for Renfrew County has asked health care workers to avoid travel to COVID-19 hotspots in southern Ontario and urban centres in Quebec through to the end of June. This includes communities within the following public health units: Durham, Haldimand-Norfolk, Halton, Hamilton, Lambton, Niagara, Peel, Toronto, Windsor-Essex and York.

### Human Resources

- We have been directed by Ontario Health to continue active screening for all staff. As a result, any staff or physicians entering the building between 11 p.m. and 5 a.m. will need to enter through the Emergency Department in order to be screened as a screener is no longer on site at the staff entrance during that timeframe.

### Clinical News

- A gradual ramp up of services is taking place across the organization.
  - Our OR is now at 50% capacity with plans to increase the number of endoscopy cases in the coming weeks.
  - Mental Health Services of Renfrew County is reopening all of its Renfrew County satellite sites except for Pembroke, which will reopen once additional distancing provisions have been put in place.
  - Outpatient Rehabilitation services are being increased, including the Cardiac Rehab program which is currently operating at 50% capacity.
  - Ambulatory Clinics are increasing their service levels. Staff are regularly reviewing wait lists to determine which patients can be seen virtually and which require an in-person appointment. Plans are also underway to reopen the multi-function room.
  - This week Diagnostic Imaging is increasing outpatient activity for MRI, CT, Ultrasound, Mammography, and Radiology in an effort to reduce wait times for non-urgent exams, and support increased activity within PRH's clinical programs while continuing to maintain safe social distances. We continue to collaborate with our regional and provincial stakeholders as we work to safely add diagnostic imaging exams such as the Ontario Breast Screening Program, and image-guided procedures over the coming weeks.
- Following direction from Ontario Health, all ward rooms on the medical units have been converted to semi-private rooms.

### Miscellaneous

- While the PRH Foundation has had to cancel a number of events including this year's Turkey Trot and Festive Home Tour, they have reimagined the Black & White Gala as the "Un-Gala @ Home" which will feature a Gala-At-Home-Kit including four-course meal, flowers and wine, and entertainment and speeches via YouTube. More details to come!
- In Food Service news, fresh pizza will be on the menu June 23rd and they will be continuing their line of feature wraps for lunch with a Seafood Wrap on June 24th. Next week they will also be rolling out Engine House Coffee from Killaloe as the new coffee brand being served in The Lunch Box.
- Are you looking to take up a new hobby? Today's health and wellness video features Spiritual Care Coordinator Garry Engler on the topic of Fun With Photography.


<https://youtu.be/hdfQ1fRVJGs>



- A bunch of thanks to **TracyLee** for the home made masks she gave to the Rehab team.  
*Ninia and Team*
- Celebrating **Connie Young** for providing context for a client's usual behaviour so that we didn't give up when they were in crisis.
- Celebrating **Danielle Rae, Michelle Giles, Colin Clouthier and Shelley (Service Coordinator)** for getting, organizing and putting together our new desk and to Maintenance for also rearranging our drawer. You guys are always so friendly, quick and efficient. We really appreciate it.

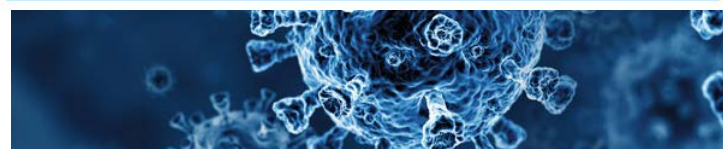

#### Gratitude Tickets from 3B and Surgical

- Celebrating **Betty Ann Spence, Crystal Scott and Patricia Mckenzie** for demonstrating compassion and caring by offering your time and skills to help your co-workers.
- Thanks to **Crystal Scott (Medical)** for showing compassion and caring by taking extra time to understand a patient and family's needs and come up with a plan to improve quality of life for all.
- Thank you **Tina (Environmental Services)** for all of your hard work and dedication. You have been a valuable member of our Medical/Surgical 3B team.
- Celebrating **Kate Gervais (Medical)** for always being willing to help your co-workers and for helping one of our patients who had a very sore ear. You showed innovation by using one of our headbands to cover his ear and provide comfort. The compassion, caring and kindness you show to our patients with dementia has not gone unnoticed.

 **Staff Self-Screening  
Now Available Electronically!**

<https://www.pembrokeregionalhospital.ca/staff-screening>

- **Before arriving at work, you may now complete the online self-screening questionnaire using the link above. The link is also available on The Loop, the Staff Resources section of the PRH website, or by using the QR code below.**
- **After completing the electronic self-screening tool, submit your response and an email will be sent to your email address.**
- **If you pass screening, you will be able to come in to work, if you fail screening, you will be asked to contact Occupational Health and Safety at ext. 8200**
- **When entering the hospital kindly show the email to the screener to confirm clearance to come to work.**



- Thanks to **Simone, Candice and Breanne** who work on Surgical and Resource teams. Thanks for assisting with our heavier assignments May 25th.
- Thanks to **Nancy Corriveau (Medical)** whose calm and professional manner helped settle a patient who was in distress on May 27th.
- Thanks to **Taylor Basaraba (Surgical)** for an excellent job working at the desk with Discharge Planning on May 28th.
- Thanks to **Kristen from the Resource team** for helping us with a patient who required paracentesis on June 1st.
- Thank you to **Angela Stiller**, one of our occupational therapists. She demonstrated compassion and caring and provided outstanding care to a patient and their family member on 3B on June 3rd.



**No, seriously,  
we want to know.  
How ARE you doing?**

**Need assistance with coping...  
a spot to talk?**

**Employee Assistance Program  
(EAP) 1-844-880-9142 or  
[www.worklifehealth.com](http://www.worklifehealth.com)**

**Mental Health Services Intake and Referral Line  
(613) 732-8770, extension 8006 or the  
24/7 Mental Health Crisis Line 1-866-996-0991**

**[www.pembrokeregionalhospital.ca/mentalhealthservices](http://www.pembrokeregionalhospital.ca/mentalhealthservices)  
[www.covid19therapists.com](http://www.covid19therapists.com)  
[www.theroyal.ca/covid-frontline-wellness](http://www.theroyal.ca/covid-frontline-wellness)**

## **Our Lady Of Sorrows Students (Petawawa) Say Thank You**

*Dear Healthcare Professional: I wanted to write to say thank you for everything you do for us. Thank you for risking your health and time away from your family to take care of and protect those in need during this time. I appreciate all the work you do to help others in need. I will continue to do my part to keep those around me safe and healthy. I look forward to returning to our regular activities, and thanks to you that will be possible one day.  
Sincerely, Ella.*

*Dear Healthcare Professional, Thank you for making sure we are being safe and not doing silly things that we should not be doing at this time. You're spending your time trying to stop COVID-19. You're a hero, you're risking your health to help others. You're an awesome person for doing this and you're our hero.  
Love Abigail Tasker*

### **Do You Have A COVID-19 Question?**

Email: [covid19questions@prh.email](mailto:covid19questions@prh.email)

All questions and answers are posted and archived by date on the Staff Resources - COVID-19 section of our hospital's website:  
[www.pembrokeregionalhospital.ca](http://www.pembrokeregionalhospital.ca)

For other questions/concerns, contact Infection Prevention and Control (ext. 7106), Occupational Health and Safety (ext. 7202) or your immediate supervisor.



## **ADVENTURE DISCOUNT FOR FRONTLINE STAFF**

In appreciation for the ongoing work of frontline workers, Ottawa Biplane Adventures is offering discounted sightseeing flights in their Vintage 1930's open cockpit Biplane.

A 10-15 minute flight is now 35% off or \$127.40 plus tax and will be conducted from the Pembroke airport on July 26th. Reservations are required. (613) 316-7229.

## **Facts and Figures**

- PRH is currently caring for one COVID positive patient on Medical 2A.
- Renfrew County has had a total of 25 COVID positive cases (22 are now resolved), and one death. To date, 7,493 people have been tested. For the latest Renfrew County information on COVID-19, please visit [www.rcdhu.com](http://www.rcdhu.com).
- In Ontario, there have been 32,744 confirmed cases of COVID-19 and 2,550 deaths. To date, a total of 1,071,429 people have been tested and 21,635 remain under investigation. For provincial statistics, visit [www.ontario.ca](http://www.ontario.ca).

# CONSTRUCTION CORNER

The Rehab Deck/Roof work is progressing but at a slower pace this week.

The thickness of the concrete slab was found to be much thicker in the areas closer to the walls of the building which allowed for a proper drainage slope.

Four of the five concrete planter boxes were removed leaving only the middle one which has thicker concrete requiring a larger saw. The pink solid insulation is now showing in some sections where the concrete was removed.

On Thursday, some ceiling investigation work will be conducted in Outpatient Rehabilitation to confirm the existing condition of the slab and the location of the drains.



## Virtual Coffee Chats

### With Garry Engler, Spiritual Care Coordinator

The COVID-19 pandemic and the uncertainties that have accompanied this have impacted us all.

As part of his role, Garry is offering staff and physicians a series of virtual coffee chats, where he will be available by Zoom Thursdays from 2:30-3:30 p.m. for confidential conversations on any and all subjects.

Appointments outside of this time frame can also be scheduled if there's interest by emailing [garry.engler@prh.email](mailto:garry.engler@prh.email)

#### Zoom Coordinates

<https://us02web.zoom.us/j/83727896132?pwd=akwvN1hmUE1aS3BvYVBqVG9aZIRrQT09>

June 18 "Staying Resilient in a Pandemic"  
June 25 "What does normal look like to you?"



## IT'S SUMMERTIME! We're Celebrating With A BBQ FOR PRH STAFF, PHYSICIANS & VOLUNTEERS!

IN APPRECIATION FOR ALL THAT YOU DO, PEMBROKE REGIONAL HOSPITAL SAYS "THANK YOU" WITH A FREE MEAL FOR EACH OF YOU!



**TUESDAY, JUNE 30, 11am-1:30pm**



**ON THE MENU: Your Choice of Hamburger or Chicken Breast, Macaroni salad, water/pop to drink and an Ice Cream Sandwich for dessert.**

PLEASE NOTE: A limited number of Gluten Free Salad and Dessert options will be available. In addition, due to safety measures in place to prevent the spread of COVID-19, Grab & Go topping packages will replace Harvey's garnish stations this year and, where possible, we ask runners from departments to pick up for their groups and bring a cart or other containers to carry everything.

**Enjoy! All compliments of Pembroke Regional Hospital.**

**THE LUNCH BOX WILL BE OPEN FOR DINNER FOR EVENING STAFF FROM 4-6 P.M. PACKAGED BURGER MEALS WILL BE DELIVERED TO UNITS FOR NIGHT STAFF. STAFF WHO WORK OFFSITE ARE INVITED TO DROP BY FOR LUNCH - TAKEOUT AVAILABLE, OR MANAGERS CAN ARRANGE A SIMILAR MEAL FOR OFFSITE STAFF.**