

## Today's Take-Aways

### Regional Updates

- There are currently more than 670 ALC (Alternate Level of Care) patients in the Champlain region, nearly double what was previously considered a high number. Some spaces are beginning to open up so offers have been made for placement. As of today, it is anticipated that both of Renfrew County's long-term care homes will be accepting new residents so that may provide some assistance for us.

- There has been a lot of discussion regionally about masking in health care settings, and a lack of consistency in patients and some staff following direction to mask within hospitals. To assist with this and provide some standardized messaging, the following is being circulated at PRH:

“All patients and visitors who come to PRH are asked to wear a mask. This is because some people who have COVID-19 may not experience symptoms, but can still spread the virus. By asking our staff, patients and visitors to wear a mask, it is helping to reduce the spread of the virus and keep our patients and staff safe.

The purpose of the mask is to contain the droplets that are normally expelled through our mouths and noses when breathing and speaking. So, by wearing a mask, you are protecting others that are around you. Even while wearing a mask, it is still important to observe and maintain physical distancing from others (at least 6 feet/ 2 metres) to protect yourself.”

- As we gradually welcome specific types of visitors back into the facility, we are continuing to provide updated communication to the public about who is able to visit and what rules they must abide by. By the end of this week, we hope to have some regional guidelines around visiting that we can align with and communicate.

### Human Resources

- We have received additional correspondence from Ontario Health regarding Pandemic Pay. The guidance documents will take some time to review in order to determine the rules being applied by Ontario Health. The hospital is required to develop an application based on these rules for submission and approval before funding is released. Please be patient as we follow the guidance and direction from Ontario Health and others on implementation which would be retroactive to April 24th.

- In Ottawa, the situation in long-term care and retirement homes has dramatically improved, to the point that hospitals no longer have staff deployed to those locations. Locally, we will be discontinuing deployment of staff to The Pinewood by the end of June. We will continue to have RPN support at Riverview Heights for another 16 to 20 shifts and we are looking at putting an agreement in place for the provision of RPN/PSW support over the summer months at both Riverview Heights and Marianhill.

### Clinical News

Our clinical services continue to ramp up on a gradual basis. Here is a summary of some of the latest developments:

## Today's Take Aways...Continued From Front

In Tower D, the following **Ambulatory Clinics** are starting to ramp up services:

- Geriatric Day Hospital has begun to see patients for their initial intake assessment with the physician and nurse.
- Pulmonary Function tests have resumed at reduced capacity.
- Pain Management clinics have restarted.
- Cardiology in-person consults have resumed.

All of these areas are working on addressing the backlog and waitlists.

**Surgical** – Endoscopies are starting up June 29th. Joint surgeries will be added starting July 15th. The program is looking to add use of a third OR the weeks of July 20th and July 27th.

**Emergency Department** volume has returned to about 85%.

**Diagnostic Imaging** is increasing outpatient activity for MRI, CT, Ultrasound, Mammography, and Radiology while maintaining safe social distances. This week we resumed booking for the Ontario Breast Screening Program, and non-essential image-guided procedures. The department is at approximately 50-75% of pre-COVID operations.

**AMH and MHS** are reviewing how to reintroduce group programming and activities.

**Outpatient Rehab** has ramped up to approximately 50% of normal volume. The Total Joint Assessment clinic is operating at approximately 75% of its usual volume – half being done virtually, and half in person.

• Staff ordering Accel wipes will now see a new product in circulation. "Vert-2-Go" Saber wipes have been prepared at PRH by our Occupational Health Team and are an acceptable alternative for Accel wipes. Once prepared, these wipes have a shelf life of 28 days. Please inspect the "Use Before" sticker on the top of the canister prior to use. To ensure appropriate contact time for the disinfectant, allow the wet surfaces to completely air dry. For more information about this product, consult the SDS.



### Miscellaneous

• After pausing collection of parking fees during the pandemic, PRH, along with hospitals throughout the region, will reinstate parking fees for the public and staff starting July 1st. This information will be broadly communicated in the coming days.

• Due to the Canada Day statutory holiday on July 1st, next week's COVID-19 update will be distributed on July 2nd.

• Today's health and wellness video features Case Worker Kate Mooney from Mental Health Services of Renfrew County on the topic of Meditation.

<https://youtu.be/gJnxP1VvU4Y>

Additional links on the topic of Meditation that may be helpful:

<https://youtu.be/inpok4MKVLM>

<https://youtu.be/2ZqVSIF-9Bs>

<https://m.youtube.com/watch?v=F0jedwTzIJg&list=PLoJ2R5Z3TWCLQKHxHzEh3HFjVFAohv4kM&index=3&t=0s>



### Maternal Child Care

**Rachel Recoskie**, our new RPN - you are doing a fantastic job! Well done!

Thank you to **Lisa Best**. Your work on *Born*, going above and beyond to make sure our data was completed did not go unnoticed! Also ensuring that our Staff Association members received their treats. Thank you!

We are so grateful that the **Mural Cafe** is open again!

**To all the LDRP nurses**. Great job by the nurses who completed blood draws for newborn screening for the months of March and April. We had 105/108 (97%) specimens collected properly to reduce our rate of rejection. Great job everyone!

Welcome to **Patricia!**

Thank you to our **Maintenance team** for installing air conditioners! Thank you to **Marlene** for assisting the OR with WinRho.


Thank you to our **LDRP nurses Nancy, Sandra and everyone who helped with two IUGR babies**. Both were having some difficulty with feeding initially. Nurses tried laid-back positioning, spoon feeding and hand expression. Both babies left exclusively breast feeding. Well done supporting these new moms and babies.

### Medical Program

**Andrea Mielke** - thank you for shopping for personal care items for our patients.

Thank you to **Katie Kinslow** for helping us with feeding patients at breakfast and also giving baths to patients. You showed compassion and caring.

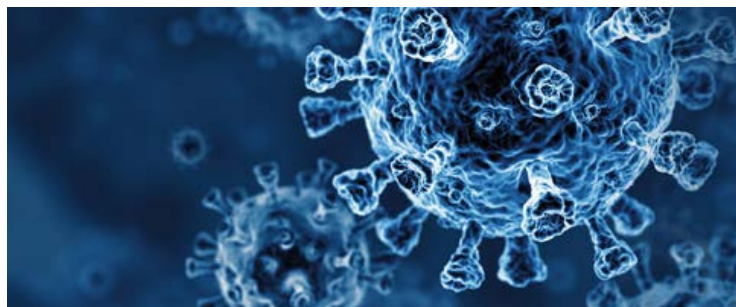

Thank you to our **physiotherapists Mel and Jordan** who helped on 2nd Medical. You assisted with our nurses when a patient really needed it. They both went above and beyond to support our staff and we really appreciate all that you both do!



## Staff Self-Screening Now Available Electronically!

<https://www.pembrokeregionalhospital.ca/staff-screening>

- **Before arriving at work, you may now complete the online self-screening questionnaire using the link above. The link is also available on The Loop, the Staff Resources section of the PRH website, or by using the QR code below.**
- **After completing the electronic self-screening tool, submit your response and an email will be sent to your email address.**
- **If you pass screening, you will be able to come in to work, if you fail screening, you will be asked to contact Occupational Health and Safety at ext. 8200**
- **When entering the hospital kindly show the email to the screener to confirm clearance to come to work.**



Celebrating **Trish, Aaron and Sarah** who work on Medical. The patient in 234 wanted to say thanks for the great care. This was his first hospital stay.

### Pharmacy

Celebrating **Katie**. Dr. Lianeri called on May 30th to express her appreciation for how quickly she got a medical rec on a patient chart while there were still in the ED and it was 6:30 p.m. She was very thankful for Katie's efforts. Great job!

We are grateful to **Sharon in IT**. She cleaned all of the doorknobs mid-day on the 5th floor, showing compassion and caring for all of us. Thank you Sharon!



No, seriously,  
we want to know.  
How ARE you doing?

Need assistance with coping...  
a spot to talk?

Employee Assistance Program  
(EAP) 1-844-880-9142 or  
[www.worklifehealth.com](http://www.worklifehealth.com)

**Mental Health Services Intake and Referral Line**  
(613) 732-8770, extension 8006 or the  
**24/7 Mental Health Crisis Line** 1-866-996-0991

[www.pembrokeregionalhospital.ca/mentalhealthservices](http://www.pembrokeregionalhospital.ca/mentalhealthservices)  
[www.covid19therapists.com](http://www.covid19therapists.com)  
[www.theroyal.ca/covid-frontline-wellness](http://www.theroyal.ca/covid-frontline-wellness)

### **Do You Have A COVID-19 Question?**

Email: [covid19questions@prh.email](mailto:covid19questions@prh.email)

All questions and answers are posted and archived by date on the Staff Resources - COVID-19 section of our hospital's website:  
[www.pembrokeregionalhospital.ca](http://www.pembrokeregionalhospital.ca)

For other questions/concerns, contact Infection Prevention and Control (ext. 7106), Occupational Health and Safety (ext. 7202) or your immediate supervisor.



### **ADVENTURE DISCOUNT FOR FRONTLINE STAFF**

In appreciation for the ongoing work of frontline workers, Ottawa Biplane Adventures is offering discounted sightseeing flights in their Vintage 1930's open cockpit Biplane.

A 10-15 minute flight is now 35% off or \$127.40 plus tax and will be conducted from the Pembroke airport on July 26th. Reservations are required. (613) 316-7229.

### **CONSTRUCTION CORNER**

Work progress on the Rehab Deck Project:

The removal of the grass area is complete. The removal of existing concrete planters and the raised pavilion is nearing completion with only one wall left on the middle section. The removal of the existing sloped concrete topping is progressing with the thickness varying from 3-4" to 6-12".

Ceiling investigation work was completed in the Outpatient Rehab and CT areas to confirm the size and location of the drains.

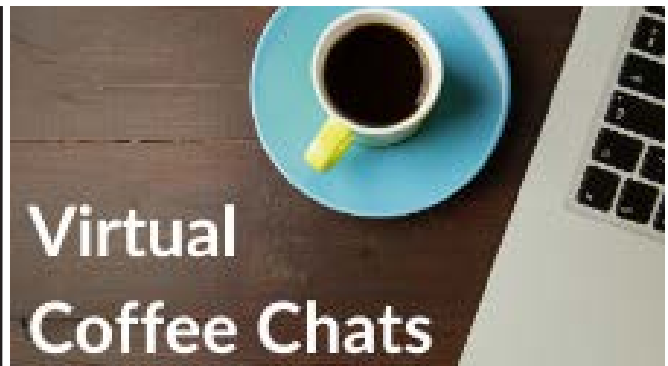


### **Facts and Figures**

- PRH is currently caring for one COVID positive patient on Medical 2A.
- Renfrew County still has had a total of 25 COVID positive cases (22 are now resolved), and one death. To date, 13,021 people have been tested. For the latest Renfrew County information on COVID-19, please visit [www.rcdhu.com](http://www.rcdhu.com).
- In Ontario, there have been 34,016 confirmed cases of COVID-19 and 2,631 deaths. To date, a total of 1,236,023 people have been tested and 21,398 remain under investigation. For provincial statistics, visit [www.ontario.ca](http://www.ontario.ca).

# PRH Supply Status

N95 Respirators 1860	956
N95 Respirators 1860S	2,580
N95 Respirators 1870+	329
N95 Respirators 1804	3,198
N95 Respirators 1804 s	2,693
N95 Respirators 9105	237
N95 Respirators 8110s	370
N95 Respirators 8210	1,602
N95 Respirators 9210+	118
Mask isolation (ear loop no visor) Level 1	2,600
Mask isolation (with tie no visor) Level 1	3,820
Mask isolation (ear loop no visor) Level 2 (Trico)	45,509
Mask isolation (ear loop no visor) Level 3	5,000
Mask visor ear loop Level 3	5,830
Mask visor with tie Level 3	1,291
Gowns Isolation - Level 1	4,000
Gowns Isolation - Level 2 XLg Yellow	4,668
Gowns Isolation - Level 3	840
Gowns Isolation - Level 4	800
Gown - Chemo	300
Full face shield with velcro strap	5,127
Goggles - vented	541
Safety goggles (over glasses)	728
Safety glasses	1,425
Latex-Free Gloves Small - each (vinyl) 13.6%	69,750
Latex-Free Gloves Medium - each (vinyl) 48.3%	48,750
Latex-Free Gloves Large - each (vinyl) 36.1%	77,400
Latex-Free Gloves X-Large - each (vinyl) 1.9%	8,060
GLOVE NITRILE SMALL	18,610
GLOVE NITRILE MEDIUM	17,700
GLOVE NITRILE LARGE	31,000
GLOVE NITRILE X-LARGE	18,000
GLOVE 12" SMALL NITRILE	950
GLOVE 12" MEDIUM NITRILE	1,900
GLOVE 12" LARGE NITRILE	3,700
Shoe Cover	2,050
Hand Sanitizer 500ml	150
Hand Sanitizer 1000ml	40
Disinfecting Wipes (Accel)	154
Expired N95 1860S	680
Expired N95 1870	1,880
Expired N95 8110s	415
Expired N95 8210	2,429
Expired N95 9210	160
Expired N95 Other	1,705
*Concerns about Supply	



## Virtual Coffee Chats

### With Garry Engler, Spiritual Care Coordinator

The COVID-19 pandemic and the uncertainties that have accompanied this have impacted us all.

As part of his role, Garry is offering staff and physicians a series of virtual coffee chats, where he will be available by Zoom Thursdays from 2:30-3:30 p.m. for confidential conversations on any and all subjects.

Appointments outside of this time frame can also be scheduled if there's interest by emailing [garry.engler@prh.email](mailto:garry.engler@prh.email)

#### Zoom Coordinates

<https://us02web.zoom.us/j/83727896132?pwd=akwvN1hmUE1aS3BvYVBqVG9aZIRrQT09>

June 25 "What does normal look like to you?"



**IT'S SUMMERTIME!**  
We're Celebrating With A BBQ FOR PRH STAFF, PHYSICIANS & VOLUNTEERS!

IN APPRECIATION FOR ALL THAT YOU DO, PEMBROKE REGIONAL HOSPITAL SAYS "THANK YOU" WITH A FREE MEAL FOR EACH OF YOU!



**TUESDAY, JUNE 30, 11am-1:30pm**



**ON THE MENU:**Your Choice of Hamburger or Chicken Breast, Macaroni salad, water/pop to drink and an Ice Cream Sandwich for dessert.

PLEASE NOTE: A limited number of Gluten Free Salad and Dessert options will be available. In addition, due to safety measures in place to prevent the spread of COVID-19, Grab & Go topping packages will replace Harvey's garnish stations this year and, where possible, we ask runners from departments to pick up for their groups and bring a cart or other containers to carry everything.

**Enjoy! All compliments of Pembroke Regional Hospital.**

**THE LUNCH BOX WILL BE OPEN FOR DINNER FOR EVENING STAFF FROM 4-6 P.M. PACKAGED BURGER MEALS WILL BE DELIVERED TO UNITS FOR NIGHT STAFF. STAFF WHO WORK OFFSITE ARE INVITED TO DROP BY FOR LUNCH - TAKEOUT AVAILABLE, OR MANAGERS CAN ARRANGE A SIMILAR MEAL FOR OFFSITE STAFF.**