

Today's Take-Aways

Regional Updates

- Diagnostic Imaging departments across the region are reporting that they have only decreased a backlog of appointments by approximately 7% due to an increased number of referrals for CT and MRI in particular. Our DI department continues to work through waitlists and has recently received funding for additional CT and MRI hours in order to assist with this.
- Debriefing documents produced by hospitals are being reviewed in order to assess what worked well and where improvements were needed in managing the pandemic. It is hoped that these documents will help in formation of plans for the fall/winter and potential increase in COVID-19 cases.

Human Resources

- Environmental Services is in the process of hiring additional staff to meet some of the additional cleaning needs in waiting areas and other public and high-touch areas throughout the facility.
- While no PRH staff are currently deployed to assist in long-term care and retirement homes, some have reached out to use with regards to RPN staffing and Marianhill has asked about potential IPAC support if a second wave of COVID-19 creates challenges locally.
- The first Pandemic Pay allocation will be issued to eligible employees for the first two reporting periods on August 21st. Staff are reminded that any related questions should be sent to .

Supply Status

- Overall, our supply situation is fairly stable. There are a couple of items including certain types of gowns and gloves that are in limited supply and could be for some time. Procurement of these items will ramp up where possible.

Clinical News

- Discussions are taking place regarding a phased-in, regional approach to the reintroduction of passes for patients. While it is not anticipated that day passes will be issued, except in exceptional circumstances, there is potential to issue limited indoor grounds passes that would allow patients limited access to the café and gift shop.
- Implementation of universal eye protection in outpatient areas has now been rolled out in both Ambulatory Clinics and Outpatient Rehabilitation.
- Our clinical services continue to ramp up. Here are the latest developments:

Diagnostic Imaging – The department has now resumed operation of all services and is operating at 85%-90% of pre-COVID volumes. Additional funding for 120 MRI hours and 41 CT hours has been received which will assist in clearing backlog and decreasing waitlists.

Emergency Department – The department has experienced some challenges with regards to flooding in Zone B which has resulted in its closure added volumes in Zone A.

Today's Take Aways...Continued From Front

OR/Surgical – The department is anticipating being back to full operation next week. Daily meetings are being held to discuss capacity, bed usage, # of ORs etc.

Mental Health Services of Renfrew County – All programs continue work to reintroduce in-person appointments where possible as well as group sessions in a safe manner.

Pharmacy – This week staff are returning to the use of in-person medication interviews with patients in areas that aren't considered high risk. Patients in high risk areas will continue to be interviewed by phone.

Food Services

- Signage will soon be going up in The Lunch Box indicating that this space is off limits to patients and visitors.

- Upcoming Lunch Box specials:

August 14 - Savoury Breakfast Strata (with ham, peppers and cheese)

August 18 - Cabbage rolls served with stir fry herb and garlic vegetables

August 19 - Taco Wraps served with guacamole

Renfrew County Virtual Triage and Assessment Centre

- The Health Unit is currently focusing on preparations for day care and school openings. CHEO is in the process of training paramedics on paediatric swabbing. Paramedics will then look to train health unit staff and primary care physicians.

- Innovative locations for winter swabbing are now being explored throughout Renfrew County which could include areas with coverings, large, open buildings with drive through options or other sites that could help provide shelter in poor weather conditions.



We are continuing to experience water leaks and flooding in the areas that are located underneath the Rehabilitation deck/roof as a result of the construction work being done in that area.

The contractor has experienced a number of challenges in this area which has resulted in the water infiltration including areas where the concrete slopes away from the existing drains and the presence of cracks in the slab. While the areas being worked on were protected by tarps considerable rain activity allowed excess water to find its way inside.

Additional unanticipated work on certain aspects of the project also meant additional days before those areas could be sealed by the roofer.

With that said, the contractor is trying to shorten the roofing part of the schedule.

To achieve this they have rented additional equipment and are bringing in additional resources to try and have things sealed before the next anticipated downpour which could be as early as Monday.



VIRTUAL VACATION

Bulletin Update

*You have to sniff out joy.
Keep your nose to the joy trail. –Buffy St Marie*

Joy is a feeling of pleasure or deep satisfaction that comes from success, good fortune, or a sense of well-being. It is not a common feeling we link to the workplace. And yet, it is often through our work that we get a sense of identity and purpose.

Think of your own reasons for working in healthcare.

What got you into this work?

Why do you care about your work?

What motivates you at work?

When you go home tonight, what will be the moment you remember when you felt that you participated in something that matters to you?

The big ask is... what matters to you?

The true essence of joy in work focuses on what matters most. It's about looking after ourselves, each other, and our patients. Joy in work means finding ways to work better as teams and gaining more control over the systems we work in.



HAPPENING NOW!

Remember, our Door Decorating Contest is on! Open a door on a virtual vacation- decorate your door or office space on a travel theme.

Bring us along on your travels and keep the decorations up until the end of August.



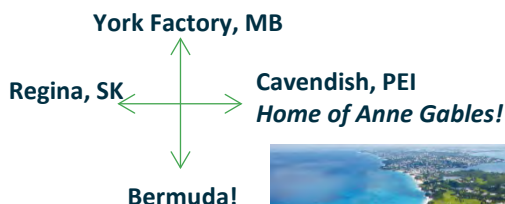
Following Fern July 6- August 28

Last week Fern travelled **871 Km!** *Cumulative: 2589km*

Crossing Canada,
we're visiting
Regina, SK!

*'Clock-in' all of your travelling
distances as you enjoy
any type of physical activity.*

FRIDAYS Submit your Km's on The Loop or
celebration&recognition@prh.email



Next Tuesday, August 18th it's FLORAL Day

"Say it with Flowers" – flowers can make us smile, they can provide beauty and they can remind us to practice self care – "stop and smell the roses". Next Tuesday, August 18th, please consider wearing a floral outfit of your choosing. *Brighten up the offices and hallways of PRH! Wear that Hawaiian shirt on your Zoom call!!!*

Remember our Spiritual Care Coordinator Garry Engler is available to all PRH staff. If you are struggling to find joy at work, please reach to him. He would love to be of support, call 613-732-2811, ext 6264

The Lunch Box Recipe File



Blueberry French Toast

Ingredients:

- 1 loaf of bread
- 1 cup blueberries
- 8 eggs
- 2 1/4 c milk
- 1/2 tsp cinnamon
- 1/2 c brown sugar
- 1 Tbsp vanilla

Instructions:

1. Grease a 9x13" pan. Slice the bread into 1" cubes and spread into baking pan. Top with blueberries.
2. Whisk eggs, milk, cinnamon, brown sugar and vanilla together. Pour over bread and cover pan with plastic wrap. Refrigerate overnight (or at least 3 hours).
3. Remove pan from fridge. Preheat oven to 350°F. Bake for 45-55 minutes.
4. Serve immediately with and extra blueberries.

COVID Alert

Download the app to protect yourself and your community.

The **COVID Alert app** lets you know if you may have been exposed to the virus. You can then get tested and keep you and your community safe. The app is voluntary: The more people who choose to use it, the more effective we will be at stopping the spread of COVID-19.



COVID Alert is:

- **Free.** Download it in Apple and Google app stores.
- **Easy to use.** Install it and stay safe on your daily journey.
- **Safe and private.** It never collects your health information, location, or identity.

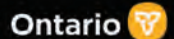


Protect yourself. Protect others.
Download Canada's COVID Alert app.
Available in the Apple or Google app stores.



For more information, visit ontario.ca/covidalert

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PRH Supports Young Parents Program At Columbus House

Thanks to everyone who donated items for the *Young Parents Support Program* at Columbus House.

Executive Director Tina Belanger, second from right, was very grateful for the selection of toys, books, and self-care products that were donated for the *Welcome and Wellness* packages they will be distributing .





Pembroke Regional Hospital Foundation

CATCH the ACE

Week #4 Winner

Congratulations

Katelyn Bresseau

Weekly Pot \$1064

Winning ticket #D-3144680
Card #5 - 10 of Spades

Week 5 Draw is now LIVE!

Progressive Jackpot now **\$6185** and climbing

PRHcatchtheace.ca

Current Facts and Figures

- **PRH** - 0 COVID positive patients
- **Renfrew County:**
 - 0 active cases, 1 death
 - 19,881 tests completed
 - For more detail visit www.rcdhu.com.
- **Ontario:**
 - 3,699 active cases, 2,787 deaths
 - 2,468,640 tests completed
 - For more detail visit www.ontario.ca.