

PEMBROKE REGIONAL HOSPITAL

MEMO

TO: All Staff and Physicians

FROM: Infection Prevention and Control and Occupational Health and Safety

DATE: May 21st, 2021

SUBJECT: Health Care Workers with Symptoms post COVID-19 Immunization

Similar to other vaccines, the COVID-19 vaccine can cause side effects although not everyone will experience them. Most side effects are mild to moderate in severity and may occur in the first day or two after receiving the vaccine.

It is possible that individuals may contract COVID-19 before or around the time of immunization and not be aware. Symptoms of COVID-19 may be similar to the side effects after receiving the vaccine and therefore all staff and physicians must continue to be actively screened for symptoms and exposures prior to arriving at PRH.

As always, if a worker responds 'yes' to any symptom identified in the COVID-19 Staff Screening app or in-person screening, regardless if they have been immunized within the past 48 hours, they must self-isolate and contact Occupational Health and Safety (**ext 8200**) for direction.

In the **48 hours from the time they received their immunization**, if a worker develops the following symptoms (and no others) and **where the symptoms are mild** (e.g., they feel well enough to work) and the symptom(s) only began after immunization, in most cases the worker will be cleared to work:

- Headache
- Fatigue
- Muscle Ache/ Joint Pain

Thank you