

Did You Know...

1 in 5 Canadians will experience mental illness at some point in their life.

Mental illness can produce changes in the way an individual thinks, behaves, and feels.

It can also affect their ability to cope and function.

With the right support, mental illness is treatable and individuals can live a full and satisfying life.



We Are Here To Help...

Early identification and intervention are important steps in recovery.

Our regional, community-based program is administered by the Pembroke Regional Hospital and offers a range of mental health services with a focus on wellness and recovery.



Mental Health Services

Crisis Management

Anyone can call the Mental Health Crisis Line 24/7 toll free at 1-866-996-0991. When necessary, referrals are made to the Mobile Crisis Team which works closely with police and emergency departments for a comprehensive response that aims to provide rapid assessment and stabilization to individuals in the community who are in crisis.

Service Navigation

Assigned Case Workers meet clients and family members in emergency departments or as they transition from hospital in order to identify appropriate community services and provide support until these are available.

Family Information and Individual/Group Support

Provided by a peer family member. A resource library is also available.

Psychiatric Evaluation, Diagnosis and Symptoms' Management

This is facilitated in collaboration with local and regional programs including The Royal and The Ottawa Hospital.

Adult Counselling

For sexual abuse victims, victims of violence, or those experiencing mental illness.

Case Management

Providing in-home assessment, recovery treatment planning, support counselling, life skills teaching, advocacy and liaison with other services.

Court Diversion

Assists individuals with a mental illness or a developmental delay who are involved in minor legal offences.



Peer Support

Offered by people with lived experience in mental health recovery. Peers offer support, resources, and hope while assisting individuals on their road to recovery.

Recovery Outreach Program

Provides life skills training, wellness education and promotes community integration.

Housing Program

Assists clients in gaining and maintaining suitable and affordable housing.

Community Education, Training and Mental Health Promotion

Through public speaking engagements, professional consultations with other agencies, teaching the Applied Suicide Intervention Skills Training (ASIST), and the Talking About Addictions and Mental Illness (TAAMI) school program.





Special Teams

Mental Health Crisis Line / Mobile Crisis Team
for urgent community-based crisis management.

Assertive Community Treatment Team
for intensive interdisciplinary support for individuals living with schizophrenia or severe bipolar disorder.

Geriatric Mental Health Outreach Team
for psychiatric evaluation and consultation for persons 65 and older.

First Episode Psychosis
for early intervention and treatment of psychosis for those aged 16-35.



Who We Serve

Individuals aged 16 and older who reside in Renfrew County and are experiencing mental illness.

Referrals can be made by anyone including:

- Individuals (self referrals)
- Family members
- Health professionals with client consent

Central Referral and Information Line
613-732-8770 or 1-800-991-7711

Alternatively, referrals can be faxed: 613-735-8238
or mailed to:

Mental Health Services of Renfrew County
c/o Pembroke Regional Hospital,
705 Mackay Street,
Pembroke, ON K8A 1G8

Our services include inpatient care at the Pembroke Regional Hospital, and a variety of community programs offered in-home, in the community, or at the following office locations throughout Renfrew County:

Pembroke
Carefor Complex - Ground Floor
425 Cecelia Street

Barry's Bay
19663 Opeongo Line

Renfrew
180 Plaunt Street, Suite 1

Arnprior
128 Mary Street, Unit C



Mental Health Services of Renfrew County

Wellness within Reach

A regional, community-based program supporting individuals aged 16 and older who are in distress or living with mental illness.



Learn More About How We Can Help
613-732-8770 or 1-800-991-7711

Mental Health Crisis Line - 24/7
1-866-996-0991

Mental Health Services of Renfrew County is a program administered by the Pembroke Regional Hospital

www.pembrokeregionalhospital.ca